



Ref. No. BGSBU/ICC/24/05

Dated: 30/08/2024

GENDER SENSITIZATION ACTION PLAN

The Internal complaints Committee (ICC), BGSB University has been keen in conducting 'Gender Equity and Sensitization programmes' from its inception till date and plans for certain initiatives in the upcoming Academic years with special address to;

1. Women Rights
2. Women's Safety and Security
3. Improving Leadership Skills
4. Health Awareness Programmes

SPECIFIC OBJECTIVES/GOALS


- To establish harmony, women empowerment, tolerance and promoting gender equity among students and staff alike.
- To organize Academic programmes such as Academic conferences, seminars, workshops, debates, symposiums etc to nourish leadership and organizational skills
- To improve extracurricular skillsets of students by planning and organizing various institutional level Non-academic programmes including Arts/sports day, elocution, essay competitions related to gender equity and sensitization, Cultural programmes, commemoration of Teacher's Day, Fresher's Day, Farewell Day etc ensuring both students and faculty participation.
- Cocurricular and extracurricular activities for all round development of students.
- Programmes on health awareness and health day celebrations, including programmes created at providing awareness to the general public.
- Awareness programmes on stress management and mental health promotion programmes for both students and staff.
- Gender equity programmes involving gender sensitization and women empowerment for students and faculties, such as International Women's Day commemorations.

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GENDER SENSITIZATION ACTION PLAN FOR THE A.Y. 2023-2024

SL NO	AGENDA/STRATEGY	PROGRAMME CONDUCTED	DATE	TARGET GROUP/BENEFICIARIES
01	Gender Sensitization/Empowerment	Farewell Party	August 25, 2023	Students & Faculty, CONJ, SNBS
02	Gender Sensitization	Public Awareness Programme/ Role Play	October 10, 2023	Students, CONJ, SNBS & Community people of Kot Bhalwal, Jammu
03	Gender Sensitization/Health Awareness programme	World AIDS Day Celebrations 2023	December 01, 2023	Students and Faculties, CONR, SNBS
04	Gender Sensitization	Lecture Session on Gender Sensitization	December 12, 2023	Students, Department of English, BGSB University.
05	Gender Sensitization/Empowerment	Extra-Curricular Arts and Sports Day	December 13,14 2023	Students, CONR, SNBS.
06	Gender Equity/Prevention of Bias & Discrimination	Rally Against Gender Discrimination.	December 14, 2023.	Students and Faculties, Department of English, Members, ICC, BGSB University.
07	Gender Sensitization	Play/Drama 'NAACH'	December 14, 2023.	Students and Faculties, Department of English, BGSB University.
08	Gender Equity	Pledge on Safeguarding women's honour.	December 15, 2023.	Students and Faculty, Department of English, BGSB University.
09	Gender Equity/Sensitization	Freshers Day	December 22, 2023	Students and Faculties, CONR, SNBS
10	Gender Sensitization	Essay Writing	January 12, 2024.	Students, Department of English, BGSB University.
11	Gender Sensitization /Women Empowerment	International Women's Day Celebrations 2023	March 11, 2024	Students and Faculties, BSGB University.
12	Gender Sensitization /Women Empowerment	Women's Day	March 11, 2024	Students and Faculties, CONJ, SNBS, BSGB University.
13	Gender Sensitization	Movie Club/ Projection	March 13, 2024	Students, Department of English, BGSB University.
14	Gender Sensitization	Women's Day Programme	August 30, 2024	Students & Faculty, CONK, SNBS.
15	GenderEquity/Sensitization /Empowerment	Nurses Day Celebration	May 13, 2024	Students and Faculties, CONR, SNBS.
16	Gender Equity/Sensitization	Farewell	May 31, 2024	Students and Faculties, CONR, SNBS

*SNBS: SCHOOL OF NURSING & BIOMEDICAL SCIENCES, BGSB UNIVERSITY. *CONJ: COLLEGE OF NURSING JAMMU *CONR: COLLEGE OF NURSING RAJOURI. *CONK: COLLEGE OF NURSING KISHTWAR.


Dr. Titi Xavier Ph.D. (N)
Presiding Officer, ICC

(Associate Dean)
School of Nursing & Biomedical Sciences
BGSB University Rajouri

II. PUBLIC AWARENESS PROGRAMME/ROLE PLAY



BABA GHULAM SHAH BADSHAH UNIVERSITY

COLLEGE OF NURSING JAMMU

REPORT ON: AWARENESS OF FEMALE FETICIDE

THROUGH NUKKAD NATAK AT PHC, KOTBHALWAL

ON 27-10-2023

Thee final year BSc (N) Students under the guidance of **Ms. Swati Jamwal (Instructor)** and supervision of **Dr. Pushendra Kumar**, Principal of College of Nursing Jammu, BGSBU, **organized Nukkad-Natak on the topic: - “Female Feticide” on 27-10-23 at Primary Health Centre, Kot-bhalwal, Jammu.**

Via this public awareness programme/Role play/Natak, they explained that Female feticide is an abortion process in which a female fetus is removed from the mother's womb before birth, following sex determination tests such as an ultrasound scan.

In India, female feticide and even sex determination tests are prohibited. It is a source of shame for parents who are desperate for a son, as well as doctors who perform abortions specifically for this reason.

Hospital Staff, patient and students of B. Sc Nursing 4th year, College of Nursing Jammu, BGSBU were participated in this event.



The program ended with a message to the public: Female foeticide is an injustice against the female gender; shun it! Females are important in every generation; female foeticide is a shame for the nation. Women are the world's creators; female foeticide will end nature. A baby girl from God is the best gift provided; that's why female foeticide should be avoided.

Sd/-
Dr. Pushendra Kumar PhD (N)
Principal
College of Nursing, Jammu



School of Nursing & Biomedical Sciences
Baba Ghulam Shah Badshah University Rajouri
UT of Jammu & Kashmir
Established by Government of Jammu & Kashmir
Recognized by UGC under section 2(f) & 12(B)

Ref. No. BGSBU/CONR/24/128

Dated: 12/03/2024

REPORT ON INTERNATIONAL WOMEN'S DAY COMMEMORATION 2024



School of Nursing & Biomedical sciences celebrated the International Women's Day, 2024 on 11/03/2024, The current theme for the women's day was "**Invest in women: Accelerate Progress**".

Highlights of the Programme

Introduction:

As a part of the gender sensitization programme, the event aimed to recognize women's achievements, challenges, empowerment and their contributions to the society. The institution organized a series of events including an Interactive session, Prize distributions, Cultural performances, Speech and Poem recitals.

Welcome Note:

The programme commenced at 10 AM followed by a welcome note from Ms. Vijayasree V Nair (Assistant Professor, College of Nursing Rajouri). The Event was followed by a series of interactive sessions, lectures/Seminars, Virtual session and felicitations by faculties, SNBS.

Theme Revelation:

Dr. Titi Xavier, Associate Dean, School of Nursing & Biomedical Sciences, through her Presidential address revealed the current theme for the Women's Day; "**Invest in women: Accelerate Progress**". She then took an interactive session enriched with video documentaries, PowerPoint presentations on Gender Sensitization.

'Highlights of the Session: Gender Sensitization'

Topics Covered: The session delved into various aspects, including the difference between sex and gender, multiple genders, diversity, respect, consent, masculinity, and the gender policy existent in our nation.

Inclusive Approach: Dr. Xavier, emphasized that gender sensitization involves both men and women. She shared examples to illustrate that sexual harassment is gender-neutral.

Interactive Format: The seminar included video documentaries, case scenarios, and discussions to engage students and make the session interesting.

Following the interactive session on Gender Sensitization; A seminar was led by Ms. Vijayasree V Nair, Assistant professor, College of Nursing Rajouri on the topic, Women Empowerment. Through her PowerPoint presentations, she discussed the current statistics of women empowerment in J&K. Also, Emphasizing the importance of Equality and inclusivity, challenges faced by women in their workplace and strategies for overcoming them, Ms. Nair involved the students engaged via active discussions.

Next event was a felicitation speech from Ms. Manjula R, Nursing Tutor, College of Nursing Rajouri, who stressed upon the challenges faced, including gender discrimination and measures to overcome it. Ms. Sujata Sharma, Nursing Tutor, also felicitated the session via her speech on the importance of Gender equity and Workplace empowerment of women.

Furthermore, a Virtual session with video documentaries on Self-protection strategies including Martial arts techniques demonstrated by lady Officers, Kerala Police were broadcasted for enhancing students' awareness.

Mr. S Manikandan, Asst. Professor, College of Nursing Rajouri, also felicitated the event.

Conclusion: Following the conclusion of the core activities of the event; Various cultural competitions were conducted by final year and third year students, where they showcased their artistic skills through Roleplays, skit, music, dance, and poetry recitals.

The session concluded with Prizes being distributed by Dr Titi Xavier, Associate Dean, School of Nursing and Biomedical Sciences to various participants, who were winners of previously held academic and nonacademic programmes.

Ms. Sahar Shabir Wani (Instructor, College of Nursing Rajouri) delivered the vote of thanks and the events concluded by 3:30 PM following the National Anthem.


Dr. Titi Xavier Ph.D. (N)
Associate Dean
School of Nursing & Biomedical Sciences
BGSB University, Rajouri.
School of Nursing & Biomedical Sciences
BGSB, University Rajouri

VII. WOMEN'S DAY

BABA GHULAM SHAH BADSHAH UNIVERSITY COLLEGE OF NURSING JAMMU

REPORT ON: CELEBRATION OF INTERNATIONAL WOMEN'S DAY

"INVEST IN WOMEN: ACCELERATE PROGRESS"



College of Nursing Jammu BGSBU celebrated International Women's Day on 11-03-24. International Women's Day will emphasize the theme, **'Invest in Women: Accelerate Progress.**

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The theme recognizes that, despite progress, women face significant obstacles to achieve equal participation in the economy and calls for ensuring equal opportunity for women and girls to build their capabilities and strengthen their capacity to learn, earn, and lead.

Women's Day was celebrated by **cake cutting** amongst staff members and followed by a **poster-making competition** between the students of all batches based on the theme "Invest In Women: Accelerate Progress".



It's also a time to raise awareness and needs to take joint action on the progress made towards achieving gender equality as the greatest human rights challenge, benefiting everyone, ending poverty, implementing gender-responsive financing, shifting to a green economy, and supporting feminist change-makers.

The Staff and students of the College of Nursing Jammu BGSBU, participated actively in Women's Day under the supervision of Dr. Pushendra Kumar, Principal, College of Nursing Jammu. This International Women's Day, let's unite to transform challenges into opportunities and shape a better future for all!

Sd/-
Dr. Pushendra Kumar PhD (N)
Principal
College of Nursing, Jammu



VIII. WOMEN'S DAY PROGRAMME

COLLEGE OF NURSING (KISHTWAR)

School of Nursing & Biomedical Science

Baba Ghulam Shah Badshah University, Rajouri, UT of Jammu & Kashmir

Established by Government of Jammu & Kashmir

Hidyal chowk, Kishtwar

Ph: 09072355242, Email: nursingkishtwar@bgsbu.ac.in

REPORT ON GENDER SENSITIZATION PROGRAMME

Venue : Hall 01

Date:-30/04/2024

The International Women's Day was on 8th March 2024, since our college was observing winter vacation on the said day. We observed it on 30th April 2024. Various programs like elocution on gender equity, quiz on famous women personalities and a lecture by Ms. Ashfa Anjum (Nursing Tutor) on Gender Sensitization was organized.



Ashfa Anjum
COORDINATOR
SCHOOL OF NURSING & BIOMEDICAL SCIENCE
COLLEGE OF NURSING (KISHTWAR)
BABA GHULAM SHAH BADSHAH UNIVERSITY
RAJOURI

IX. INTERNATIONAL NURSES DAY CELEBRATION



Submitted by



School of Nursing & Biomedical Sciences

Baba Ghulam Shah Badshah University Rajouri

UT of Jammu & Kashmir

Established by Government of Jammu & Kashmir

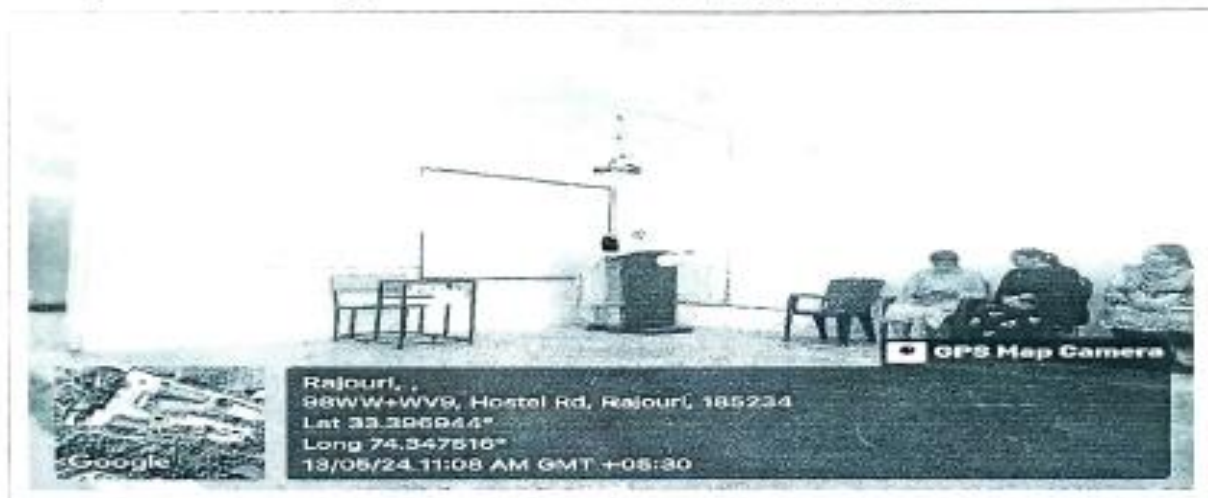
Recognized by UGC under section 2(f) & 12(B)

Ref. No. BGSBU/CONR/24/105

Dated: 14/05/2024

REPORT ON INTERNATIONAL NURSE'S DAY CELEBRATIONS

International Nurses Day is celebrated around the world every May 12th to commemorate the birth anniversary of Florence Nightingale, the mother of modern nursing. ICN celebrates this important day each year with a specific theme and recognizing the contribution of various nursing leaders and distinguished services of nurses throughout the globe.



College of Nursing Rajouri Celebrated the International Nurses' Day on 13/05/2024, 10am in the College premises, Baba Ghulam Shah Badshah University. "The **theme** for the current Nurse's Day was 'Nurses: our nurse our future, the economic power of care'. Dr. Titi Xavier, Associate Dean, School of Nursing & Biomedical Sciences, gave the presidential address along with theme revelation, emphasized the significance of higher education in nursing for preparing nurses to provide better health services to the public. She also observed that the Nurses play a crucial role in patient care and have a major responsibility of educating the public aware about their health maintenance roles. Students and faculties actively participated in the event, which concluded following a cake cutting ceremony and brief cultural activity performed by the students.


Dr. Titi Xavier Ph.D. (N)

Associate Dean

School of Nursing & Biomedical Sciences

BGSBU University, Rajouri

BGSBU, University Rajouri

Speeches and Reflections: The principal, Faculty members and the senior students shared inspiring speeches, reminiscing about the students' growth, achievements, and camaraderie. Emotional anecdotes and funny incidents were recounted, evoking both laughter and tears.

Awards and Tokens of Appreciation: Outstanding students received awards for academic excellence, leadership, and extracurricular contributions.

Heartfelt thank-you notes were exchanged between students and faculty.

Cultural Performances: The farewell program wouldn't be complete without music, dance, and poetry. The Junior Students showcased their talents, leaving an indelible mark on everyone's hearts.

Messages of Encouragement: Faculty members encouraged students to embrace the next phase of their lives with confidence and resilience.


Students expressed gratitude for the knowledge gained, friendships formed, and memories created during their college years.

Farewell Wishes: As the event concluded, the hall echoed with well-wishes. The session concluded by 5 PM.

Conclusion: The Students' Farewell Program was a beautiful blend of laughter, tears, and heartfelt connections. As the Batch of 2019-2023 embarks on new adventures, they carry with them the spirit of School of Nursing & Biomedical Sciences, Baba Ghulam Shah Badshah University, Rajouri.


Dr. Titi Xavier Ph.D. (N)
Associate Dean (N)
School of Nursing & Biomedical Sciences
BGSB University Rajouri

**Report Compiled by Mr. S Manikandan, (Nodal Officer, IQAC, Nursing Colleges), based on Gender Sensitization activities conducted under ICC in School of Nursing and Biomedical Sciences. (All 03 Colleges of Nursing), BGSB University.*


Dr. Titi Xavier Ph.D. (N)
Presiding Officer, ICC
Associate Dean
School of Nursing & Biomedical Sciences
BGSB University, Rajouri.



BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI, JAMMU & KASHMIR (185234)

INTERNAL COMPLAINTS COMMITTEE

Ref. No. BGSBU/ICC/24/05(B)

Dated: 30/08/2024

Report(s) with Proof of Activities organized by the Internal Complaints Committee (ICC), Under the Department of English, BGSB University on Gender Sensitization for the AY. 2023-24.

I. LECTURE SESSION ON GENDER SENSITIZATION

A lecture was delivered in the department of English on the 12th of December, 2023. Dr. Romina Rashid, Chairperson of the Internal Complaints Committee, in her lecture sensitized the students about the working of Internal Complaints Committee. The Chairperson said that gender-bias and inequalities lead to harassment of women in society and any kind of violence against women can impact the progress and growth of society and nation. She further said that to make India a developed nation by 2047, women need to be empowered and given education. Women can play a pivotal role in nation's progress and prosperity.



Romina Rashid

II. 'SOLIDARITY RALLY AGAINST GENDER DISCRIMINATION AND VIOLENCE'

A rally was taken out by the female students and members of ICC on the 14th of December, 2023 to condemn any type of violence, discrimination and harassment against women. The students carried placards to show their solidarity and support to the victims of gender violence and discrimination. The rally culminated at the department of Mathematics.



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III. PLAY/DRAMA

As a part of the Gender Sensitization Programme under the ICC, a play “NAACH”, written by Dr. Romina Rashid and Ms. Mamta Choudhary (Members of ICC), was enacted by the students of PG Department of English on December 14th 2023. The play revolves around the theme of marriage; how a girl dances to the tunes of her in-laws to please them. The lead role was played by Fiza, Semester I, M.A. English student. “NAACH” conveys a very serious message that women should not consider themselves inferior and lose their identity.



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IV. PLEDGE ON SAFEGUARDING WOMEN'S HONOUR

On the 15th of December, 2023 the students pledged to safe guard the honour of women.

They pledged to stop any kind of harassment against women and protect their dignity and self-respect.



Submitted

V. ESSAY WRITING COMPETITION

The Department of English, BGSBU hosted an 'Essay Writing Competition' on the 12th of January, 2024 on the topic "***Empowering Women Through Education: The only thing Key to Economic Independence.***" The objective was to evaluate the students' ideas on the transformative impact of education on Women's lives and the society as a whole.

The programme was Conducted by Dr Shachi Sood, Assistant Professor, Department of English and the judges of the programme were Dr Mariya Aslam and Mr Tanvir Ahmad [Assistant Professor(s)]. Mr. Mahin Rehman secured the first position and Ms. Rumani Gupta was declared the runner up of the competition.



Submitted by


VI. GENDER SENSITIZATION VIA MOVIE CLUB

To sensitize the students about women empowerment, and the role they can play to defy all societal barriers based on gender, a movie was projected before the II & IV Semester Students of MA English Programme on the 13th of March, 2024 in the seminar room, Department of English. The movie shown to the students was "Chak De! India (2007). This movie portrays the story of the Indian women's hockey team and their struggle to win the world cup under a determined coach.

The film emphasizes on team work, leadership, and breaking gender barriers. A critical thinking session was held at the end of event where, the students were posed many questions pertaining this movie and its relevance to modern world scenario. The faculty and scholars also witnessed this movie.



****Report compiled Based on the Submission from Dr Romina Rashid, Head, Department of English.***


Dr. Titi Xavier Ph.D. (N)
Presiding Officer, ICC
Associate Dean
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BGSB University, Rajouri.



BGSBU organises Two Day Workshop on Invest in Women: Accelerate Progress

On the eve of International Women's Day, Department of Islamic Studies, Baba Ghulam Shah Badshah University, Rajouri, Jammu & Kashmir organised Two Day Workshop under the theme Invest in Women: Accelerate Progress on 7-8 March, 2024. Hon'ble Vice Chancellor, Prof. Akbar Masood applauded the Department for organizing such programme. The programme was chaired by Dr. Shams Kamal Anjum, Associate Dean, School of Islamic Studies & Languages, BGSBU. Dr. Naseem Gul, coordinator of the Department presented the welcome address and highlighted the significance of the theme. Dr. Shachi Sood, Assistant Professor, Department of English extensively discussed the important aspects through which women can be empowered. She added that both men and women are intellectually congruent and therefore need is to provide equal opportunities to both. Another speaker Ms. Tazeem Akhter, Assistant Professor, Department of Economics highlighted the role of woman in the economic index of the society. She stressed that woman should be given proper share in decision making processes. The formal vote of thanks was presented by Dr. Mohd Younus Kumar. Faculty members of different departments and students were present on the occasion.

