

DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING School of Engineering and Technology, BGSB University Rajouri (J&K) – 185234

Ref no: BGSBU/SoET/ECE/14/ 239A

Dated__1/5/14____

Report for Personal Counselling

The Department of Electronics and Communication Engineering arranged Personal Counselling classes for students keeping in view the circumstances faced by each student. The circumstances of students were identified by the department and accordingly counselling was provided to them.

The response of the counselling was seen to be very good and students were strengthened to overcome such issues. The issues included personal, academic and financial problems faced by students. Thirty students participated in the academic year 2013-14.



Mr. Vishal Puri conducting personal counselling, dated 14/03/2014 Attached with this report is the list of students who have taken the counselling.

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2.00	2013-14			
S. No.	Roll Number	Name of Student	Type of Counseling Offered	
1	01-ECE-2012	Saadiya Parvaiz	Personal issues	
2	02-ECE-2012	Abida Akhtar	Personal issues	
3	03-ECE-2012	Syed Ariz	Personal issues	
ŀ	04-ECE-2012	Mudsir Gull	Financial issues	
5	10-ECE-2012	Basit Shabir	Financial issues	
5	12-ECE-2012	Ashiq Hussian	Financial issues	
7	13-ECE-2012	Suheem Nisar	Financial issues	
3	17-ECE-2012	Mutraza Mirza	Financial issues	
)	18-ECE-2012	Aamir Manzoor	Academic issues	
0	33-ECE-2012	Aamir Ashraf	Academic issues	
1	34-ECE-2012	Saahil Danish	Academic issues	
2	35-ECE-2012	Kaafin Jan	Academic issues	
3	36-ECE-2012	Haazila Habib	Personal issues	
4	40-ECE-2012	Dar Faisal	Personal issues	
5	41-ECE-2012	Amin Mir	Personal issues	
6	42-ECE-2012	Shaistra Nazir	Personal issues	
7	48-ECE-2012	Durdana Shanar	Academic issues	
8	49-ECE-2012	Obaid Rasool Shah	Academic issues	
9	53-ECE-2012	Mohd Ibrahim Bhat	Academic issues	
)	54-ECE-2012	Aadil Yaqoob	Academic issues	
1	55-ECE-2012	Asra Kausar	Personal issues	
	01-ECE-2013	ILYAS MAJEED	Financial issues	
	02-ECE-2013	ROUMAN FIRDOUS	Financial issues	
_	25-ECE-2013	UMAR FAROOQ	Personal issues	
	27-ECE-2013	MOHD WASIM BHAT	Personal issues	
	30-ECE-2013	ANJUM SHAHEEN	Personal issues	
	31-ECE-2013	TASEEM AKHTER	Academic issues	
	45-ECE-2013	ANKUR BHARTI	Academic issues	
	46-ECE-2013	FATIMA ZAMEER	Academic issues	
	47-ECE-2013	ADNAN IQBAL	Academic issues	
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Department of ECE
BGSB University Rajuori

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/ 19/227

Date: 29-07-2019.

The IQAC Coordinator, BGSB University, Rajouri (J&K)

Subject: Detailed Report of Personal Counselling for the batches 2013-14,2014-15,2015-16,2016-17, and 2017-18.

Sir.

As desired by you, kindly find the copies of aforementioned subject from the department of Computer Science and Engineering.

Regards

Department CSE, SO

Document Enclosed:

- 1. Report For Batch 2013-14
- 2. Report For Batch 2014-15
- 3. Report For Batch 2015-16
- 4. Report For Batch 2016-17
- 5. Report For Batch 2017-18

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:	
Date	

Report of personal counselling for the Department of Computer

Science and Engineering

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:		
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Batch (2013-2014)

S. No.	Content	Page No.
1.	List of student attended personal counselling	3
2.	Personal Counseling Report	5

Photo: Attached on page no 30

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/14/59

Date: 28-5-2014

The Dean SoET, BGSB University, Rajouri (J&K)

Subject: List of student attended personal counselling during 2013-14.

Sir,

The department of Computer Science and Engineering has successfully conducted the personal counselling for the students of CSE during year 2013-14. The personal counseling was given to the following students by the internal faculties of the department.

S.No.	Name	Roll No.	2
1	Umair Rehmaan Khanday	02-CSE-2012	
2	Waseem Akram	03-CSE-2012	
3	Rouf Ahmad Tantray	05-CSE-2012	
4	Aamir Rasool Wani	06-CSE-2012	
5	· Aarish Shafi Dar	12-CSE-2012	
6	Sugra Shahien	13-CSE-2012	
7	Faheem Imtiaz	14-CSE-2012	
8	Mohd. Yaqoot	15-CSE-2012	
9	Sheikh Irfan Akbar	18-CSE-2012	
10	Musaib Bin Amin	19-CSE-2012	
11	Shazia Hasan	20-CSE-2012	
12	Jahangir Ahmad Lone	21-CSE-2012	





School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAIOURI (1 & K) 185224

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:			
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Date.			

13	Aamir Mughal	22-CSE-2012
14	Iram Naz	30-CSE-2012
15	Mohd. Asif	35-CSE-2012
16	Devraj Atri	36-CSE-2012
17	Rajat Bhardwaj	37-CSE-2012
18	Sakshi Thappa	38-CSE-2012
19	Yousra Shafi	46-CSE-2012
20	Adnan Bashir Lalwani	58-CSE-2012

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Department CSE, SOLI BGSBU Rajouri

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/14/60

Date: 30/5/2014

Personal Counseling Report

(2013-14)

During the year, 2013-14, personal counselling was successfully conducted in different sessions by the Department of Computer Science and Engineering, BGSBU, Rajouri, in which 20 students participated. The various sessions were conducted by Mr. Khalil Ahmed, Mr. Amit Dogra and Mrs. Rukhsana Thakur, internal faculties of the department. The purpose of the counselling is to aware the students related to important aspects like, drug addiction, social responsibilities, gender equality, and future career. The internal faculties encourage environmental changes in student's community that promote recovery such as reducing the number of alcoholic beverages and holding alcohol-free recreational events. Moreover, faculties also emphasis on social responsibilities of students in building nation. Social and cultural factors play an important role in initiation, maintenance and therapeutic intervention of drug-abuse. In addition to that, student career guidance with the help of professionals can help them to target right career path. The students really appreciated the guidance provided by the different faculties of the department in improving their way of thinking and vision related to their future.

Department GSC, Solouri



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Department of Information Technology and Engineering

School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Ref. No: BGSBU/SOET/ITE/13 | 830-8 Date 14-9 - 2013

Notice

It is for the information of all B.Tech students of Department of Information Technology and Engineering (ITE) that Personal counselling sessions will be conducted. The main objective of the said sessions are to encourage the students for achieving their goal successfully. The Sessions will be held on 21/Sept/2013 in the laboratory block of ITE at 12:00 - 4:30 PM.

Mr Nikhil Gupta will coordinate the sessions and all faculty of the department will be available to the students for the personal sessions.

> Department of ITE. BGSBU lly. Rajouri (J&K)

Copy to

- 1. Dean Engineering
- 2. All faculty of ITE
- 3. Office file



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

EVENT REPORT: Personal Counselling Sessions on 21/sept/2013

Personal counselling helps individuals to better understand the specific concern they are experiencing, identify their strengths and to determine the directions they need to take in order to address the concern. With this goal department of Information Technology and Engineering held a personal counselling session for all students of the department.

The Sessions coordinated by Mr Nikhil Gupta on 21/sept/2013. The event started at 12:00 noon with talk on how to deal with personal issues in day to day life by Mr Malik Mubasher Hassan. After that student consulted various faculties of the department for personal sessions. The common issues discussed by students were depression/depressed mood, anxiety, interpersonal/relationship difficulties, difficulties in self-esteem and/or identity, stress, adjustment/transition, grief and loss, past or current emotional problems, balancing professional and personal priorities, loneliness and homesickness.

Twenty five (25) students participated in the personal session during the event.





School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Attendance Record: Personal Counselling Sessions on 21/sept/2013

SNO	Rollino	Name	Signature
01	46-125-12	DANZSH BHAT	Doush
02	33 - ITE-12	Wasim Magbort	Waren Mayber
03	29-11E-12	Annya louse	Janya Jouse
05	07-176-16	Miago Allamed	Niaz Sufued.
06	00-276-12	Ahnissa Mabib	amus
67	13-116-19	Romes phoneof	
08	18-216-12	Danish Nagar	Sanin nay.
09	19-17E-12	Zmenyas Ali	Endinas
10	10-1TE-12	Helal Ali Bawan	telon
11	30-175-12	Wager Youris	Wargar Youris
12	11-ITE-12	Armaganul-Hag	Armagan
122	23-17E-12	Sauling youruf	Salveil
14	04-178-12	Durapsna Ali	Der obslig
15	02-ITE-12	Danish Ahmadullah	Caristi.
16	15-172-12	Ingiman-ul-Hasson	Ingliman-el-Houson
17.	4-ITE12	Aaliga Natie	Jalya.
18	16-ITE-12	Impad Shafi	Ajur
19	08-178-12	Fatima	Jatima
20	43-ITE-12	Shahid-ul-Islam	(Repole
21	06-ITTE-12	Abdul Aleen Mir	Diem
22	49-1TE-12	Ishtiyaq Manzon	Ishtujas
23	39-ITE-12	grypti-kumari	gry'
24	09-17E-12	Mir Zulan hhuskid	Zubair
25	28-17€-12		Jaanuslum



Department of Civil Engineering, SOET

Baba Ghulam Shah Badshah University, Rajouri (J & K)

Ref. No:BGSBU/CoET/CE/13 1642

Date: 26-10-2013

Personal Counseling Report: 2013-14 Academic Year

Guidance is a term sometimes used broadly to refer to advising or helping an individual with any kind of educational, vocational or

personal problems.

One important teacher role inside and outside the classroom is to students. and counselling to guidance counseling provides an opportunity to explore your concerns in a supportive and non-judgmental environment. Apart from subject teaching, teachers are entrusted with many responsibilities nowadays. Guidance and counseling are some of their major duties. In the guidance and counseling literature, these two words generally take on different meanings. The former refers to helping students' whole-person development, while the latter is frequently targeted at helping students with problems. Career guidance consists of services that help people successfully manage their career development. The goal of counseling is to enable the individual to make critical decisions regarding alternative courses of action without outside influence. Counseling helps individuals obtain information, and to clarify emotional concerns that may interfere with or be related to the decisions involved.

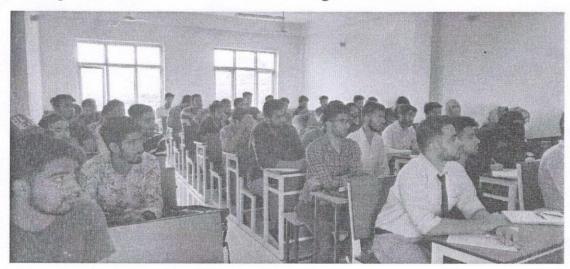
In general, the goal of psychotherapy is to talk through mental health concerns and help clients heal, grow and move toward more productive, psychologically healthy lives. Skills of warmth, friendliness, openness successful ingredients empathy are counseling process. Counselor has to listen attentively, answer question objectively and reinforce important information. Maintaining dignity of individual as individual is primary concern in counseling.

The Civil Engineering department of School of Engineering & Technology, BGSB University is always aware of the students' issues. Caring of students problems, making mentally strong for future endeavours are equally emphasized with the academics. Students undergoes a three week Induction Program at the beginning of their course, so that they can easily adjust with the BGSBU community and its environment. Mr. Zishan Aslam has taken the charge of counselor for

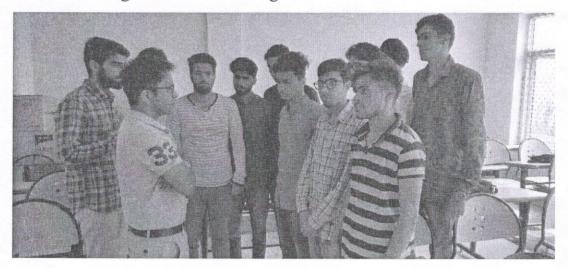
the academic year 2013-14. Total 35 students have been identified for special attention in this year. We provide personal counseling for individuals or couples to help with problems such as:

- Depression & Sadness.
- Anxiety & Stress Management.
- Fears & Phobias.
- Eating Disorder Treatment
- Loneliness and isolation
- Addictive behaviors
- Sexuality and sexual identity
- Motivation
- Homesickness

Some photos has been attached counseling with students



Date- 13th August 2013 interacting with students



Date: 25th October 2013 personal counseling with group of students

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After all, our aim is to provide an opportunity to work towards living more satisfyingly and resourcefully. Counseling is the skilled and principled use of relationship to facilitate self-knowledge and the optimal development of personal resources

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BOSB University, Rajouri

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Attached List of students who have taken counseling session 2013-2014

S.no	ched List of students who have taked Name and parentage	n counseling session 2013-201 Roll No	
1.	Danishwar Shaffi	ROII NO	Type of Counseling
	S/o Mohd Shaffi Ganie	01-CE-2012	Personal counselling
2.	Rizwan Ahmad S/o Nazir Ahmad Yatoo	03-CE-2012	Personal counselling
3.	Umar Nissar S/o Nissar Ahmed	05-CE-2012	Personal counselling
4.	Junaid Bashir S/o Bashir Ahmad Bhat	06-CE-2012	Personal counselling
5.	Qaser Ahmad Malik S/o Mohd Jamal Malik	07-CE-2012	Academiac issues
6.	Rayees Ahmad Khan S/o Gh Mohammad Khan	08-CE-2012	Personal counselling
7.	Jahanzaib Bashir S/o Bashir Ahmad Mir	10-CE-2012	Personal counselling
8.	Syed Zubair S/o Dr. Nazim Ali Hussaini	11-CE-2012	Academiac issues
9.	Amir Afzal S/o Mohammad Afzal Sheikh	12-CE-2012	Academiac issues
10.	Shahid Aijaz Dar S/o Aijaz Ahmad Dar	13-CE-2012	Academiac issues
11.	Rouhan Farooq S/o Farooq Hussain Shah	14-CE-2012	Academiac issues
12.	Rajat Sharma S/o Raj Kumar Sharma	15-CE-2012	Academiac issues
13.	Javed Iqbal S/o Mohd Hussain	16-CE-2012	Academiac issues
14.	Imtiaz Ahmed S/o Mohd Aslam	18-CE-2012	Academiac issues
15.	Khaleeq UI Zaman S/o Mohd Qasim	19-CE-2012	Academiac issues
16.	Deep Kumar Sharma S/o Rattan Lal Sharma	20-CE-2012	Academiac issues
17.	Israr UI Haq S/o Riaz UI Haq	21-CE-2012	Academiac issues
.8.	Iahtsham UI Haq S/o Abdul Qayoom	23-CE-2012	Academiac issues
9.	Irshan Manzoor	24-CE-2012	Academiac issues
0.	S/o Manzoor Ahmed Wasim Kamran S/o Mujahid UI Islam	25-CE-2012	Personal counselling
1.	Tufail Ahmad Malik S/o Fayaz Ahmad Malik	26-CE-2012	Personal counselling
2.	Haroon Amin Mir S/o Mohd Amin Mir	27-CE-2012	Personal counselling
3.	Javaid Iqbal S/o Mohd Iqbal	28-CE-2012	Personal counselling
1.	Aisha Asghar D/o M Asger	29-CE-2012	Personal counselling
5.	Anum Guzzanfar Bodha D/o Gazzanfar Ali Jan Bodha	30-CE-2012	Academiac issues
5.	Farhat Hussain S/o Mubarak Ahmad Wani	31-CE-2012	Academiac issues
7.	Amit Johar S/o Ajeet Singh	32-CE-2012	Academiac issues

28.	Moneebul Mushtaq S/o Mushtaq Ahmad Eytoo	33-CE-2012	Academiac issues
29.	Gaurav Deep Singh S/o Jasbir Singh	34-CE-2012	Academiac issues
30.	Malik Rahat Ahmed S/o Malik Basharat Ahmed	35-CE-2012	Academiac issues
31.	Arslan Hamal S/o Imtiaz Ahmad Hamal	36-CE-2012	Academiac issues
32.	Danish Fayaz S/o Fayaz Ahmad Wani	37-CE-2012	Personal counselling
33.	Sarmad Shabir S/o Shabir Ahmed Zargar	38-CE-2012	Personal counselling
34.	SHarneet Singh S/o Jagjeet Singhr	39-CE-2012	Personal counselling
35.	Aamir Yousf S/o Mohd Yousf Rather	40-CE-2012	Personal counselling





DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING College of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/CoET/ERE/13/570

Dated: - 18-11-2013

The Principal CoET, BGSB University, Rajouri,

Sub: - Report of personnel Counseling

Respected Sir,

During odd semester (session 2013-14) Faculty members of ERE department have analyzed the response of students in classrooms while delivering lectures and results of internal assessments tests being conducted during the current semester courses and also have identified the students who require special attention for enhancing their personality, tackling personal issues and improving academic performances. After completion of identification process different faculty members were allotted to different group of students who would provide personal counseling to these students.

List of students along with allotted faculty member against Personal Counseling:

S. No.	Roll No.	Name	Faculty Mentor	
1	04-ERE-2012	Umar Maqbool		
2	05-ERE-2012	Umer Mukhtar		
3	06-ERE-2012	Mohd Yousuf Malla		
4	07-ERE-2012	Auqib Ahmed Dar		
5	08-ERE-2012	Peerzada Aamir Javaid	Mr. Topoduo Hussain	
6	09-ERE-2012	Ishfaq Assad Ellahi	Mr. Tasaduq Hussain	
7	10-ERE-2012	Aaquib Firdous	1	
8	11-ERE-2012	Syed Shahid Ul Islam Andrabi		
9	12-ERE-2012	Ab Rouf Shah		
10	13-ERE-2012	Ashish Sangra		
11	20-ERE-2012	Waqar Ahmed		
12	21-ERE-2012	Khalid Bashir	Mr Chofoot N. L. M	
13	22-ERE-2012	Ahmad Ali	Mr.Shafqat Nabi Mughal	
14	23-ERE-2012	Nassir Ahmed		

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Hectrical & Renewable Engineering
CoET, BGSBU



DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING College of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/CoET/ERE/13 570

Dt. 18-11-2013

15	24-ERE-2012	Yassar Ahmed Bhatti	
16	25-ERE-2012	Varun Kesar	
17	26-ERE-2-12	Vishal Deep Chandan	
18	27-ERE-2012	Adil Rehman Bhat	
19	28-ERE-2012	Waseem Basharat	
20	29-ERE-2012	Majid Hussain	
21	40-ERE-2012	Mohd Ishaq Eytoo	
22	41-ERE-2012	Shaista Tabassum	
23	42-ERE-2012	Syed Muneeb Ur Rehman	
24	43-ERE-2012	Mohd Irshad	
25	44-ERE-2012	Bilal Ahmed Mir	Mr.Neetan Sharma
26	45-ERE-2012	Muneeb Ahmad Bhat	1,2.1.
27	46-ERE-2012	Shehryar Zargar	
28	47-ERE-2012	Munib Munir	
29	48-ERE-2012	Saquib Majeed	
30	51-ERE-2012	Mohd Ibrar Lone	

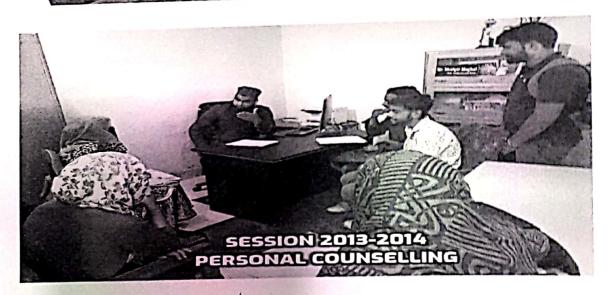
Sessions were organized by faculty members for these students where they provided extra notes to the weak students. In these sessions faculty members provided personnel counseling and gave motivational lectures students. A change in self-confidence and attitude of the students attending those sessions was observed in the subsequent lectures. A significant improvement in curricular and extracurricular activity of the students was a direct result of these sessions.

DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING College of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/CoET/ERE/13/570

Photograph:





Thank You Hob Hob Renewable Engineering CoET, BGSBU



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No. : PGSMS /311

Dated: 23/09/13

Notice

Personal Counseling Session (2013-2014)

A personal counseling session shall be organized in The School of Management Studies, BGSB University Rajouri on 08 October 2013. Any student who has any issues including Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session.

School of Management Studies

BGSB University Rajouri



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No: PGSMS/324 Dated: 11/10/2013

REPORT OF PERSONAL COUNSELING (2013-2014)

A personal counseling was organized in The School of Management Studies, BGSB University Rajouri on 08 October 2013. The several issues that were proposed to be addressed were Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship/Societal Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session. A considerable number of students attended the session and later some individual discussions with students pertaining to their issues were also deliberated.

Counseling Session 2013-2014 (08/10/2013)





The list of students who attended the session is given below:

S.NO.	ROLL NUMBER	NAME	TYPE OF COUNSELING OFFERED
1	02-MBA-2013	Mudasir Ahmad Ganaie	Understanding Course Curriculum
2	03-MBA-2013	Irshad Ahmad Rather	high/moderate level of Stress/Anger/Anxiety
3	04-MBA-2013	Rouf Ahmed	high/moderate level of Stress/Anger/Anxiety
4	6-MBA-2013	Mohd Ishaq Attar	Behavioral / Mood Changes (Depression)
5	07-MBA-2013	Aaqib Aftab	Understanding Course Curriculum
6	10-MBA-2013	Mohd Furqaan Tantray	Understanding Course Curriculum
7	11-MBA-2013	Aatif Shafi Sheikh	Relationship/Societal Conflicts
8	12-MBA-2013	Danish Nabi	Behavioral / Mood Changes (Depression)
9	13-MBA-2013	Mohtasim Imtyaz	Understanding Course Curriculum
10	14MBA-2013	Zahir Raheem	Understanding Course Curriculum
11	15-MBA-2013	Neelam Rashid	Understanding Course Curriculum
12	18-MBA-2013	John Mohd Wani	Understanding Course Curriculum
13	19MBA-2013	Mohammad saleem	Understanding Course Curriculum
14	20-MBA-2013	Mubashir Nazir	Understanding Course Curriculum
15	21-MBA-2013	Malik Aasif	Understanding Course Curriculum
16	24-MBA-2013	Mohd Azhar	Understanding Course Curriculum
17	25-MBA-2013	Shahid Malik	Understanding Course Curriculum
18	27MBA-2013	Chandani Sharma	Understanding Course Curriculum
19	28-MBA-2013	Fayaz Ahmad	Adjustment in the Department
20	29MBA-2013	Syed Tafiq	Understanding Course Curriculum
21	30-MBA-2013	Manzoor Ahmad	Understanding Course Curriculum
22	33-MBA-2013	Naieem Ahmad Wani	Adjustment in the Department
23	34-MBA-2013	Zahoor Ahmed	Understanding Course Curriculum
24	35-MBA-2013	Sajad Amin	Adjustment in the Department
25	36-MBA-2013	Malik Mudassir Iqbal	Adjustment in the Department
26	37-MBA-2013	Waseem-ul-Gani	Adjustment in the Department
27	38-MBA-2013	Firdous Ahmed Qazi	Behavioral / Mood Changes (Depression)
28	39-MBA-2013	Farah Deeba	Behavioral / Mood Changes (Depression)
29	03-BBA-2013	Yamin Jaffar	Understanding Course Curriculum
30	05-BBA-13	Israr Charak	Understanding Course Curriculum
31	07-BBA-13	Faisal Faheem Khan	Adjustment in the Department

Dean Dean School of Management Studies

BGSB University Rajouri



DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING School of Engineering and Technology, BGSB University Rajouri (J&K) – 185234

Ref no: BGSBU/SoET/ECE/15/635A

Dated_26/5/15

Report for Personal Counselling

The Department of Electronics and Communication Engineering arranged Personal Counselling classes for students keeping in view the circumstances faced by each student. The circumstances of students were identified by the department and accordingly counselling was provided to them.

The response of the counselling was seen to be very good and students were strengthened to overcome such issues. The issues included personal, academic and financial problems faced by students. Thirty students participated in the academic year 2014-15.



Mr. Vishal Puri conducting personal counselling, dated 06/04/2015 Attached with this report is the list of students who have taken the counselling.

Department of ECE Best University Rajuori

		2014-15	
S. No.	Roll Number	Name of Student	Type of Counseling Offered
1	01-ECE-2012	Saadiya Parvaiz	Financial issues
2	04-ECE-2012	Mudsir Gull	Financial issues
3	05-ECE-2012	Peerzada Mohsin	Financial issues
4	12-ECE-2012	Ashiq Hussian	Financial issues
5	13-ECE-2012	Suheem Nisar	Academic issues
6	16-ECE-2012	Somia Raina	Academic issues
7	17-ECE-2012	Mutraza Mirza	Academic issues
8	20-ECE-2012	Mohd Ayaz -ul-Rehman	Academic issues
9	21-ECE-2012	Shahid Mustaq	Personal issues
10	22-ECE-2012	Rashid Ali	Personal issues
11	25-ECE-2012	Sadaf Nadeem	Personal issues
12	26-ECE-2012	Ankita Bhagat	Personal issues
13	30-ECE-2012	Suhakeshi	Academic issues
14	31-ECE-2012	lliyas Ahmad	Academic issues
15	35-ECE-2012	Kaafin Jan	Academic issues
16	36-ECE-2012	Haazila Habib	Academic issues
17	39-ECE-2012	Sharvika Ashad	Personal issues
18	40-ECE-2012	Dar Faisal	Financial issues
19	61-ECE-2012	Pardeep Singh	Financial issues
20	62-ECE-2012	Sheikh Mohd Tyoub	Financial issues
1	51-ECE-2013	MUNEEB ASLAM	Financial issues
2	54-ECE-2013	SHAHID MAJEED	Academic issues
3	56-ECE-2013	AADIL MAJID	Academic issues
4	17-ECE-14	Faheem Farooq Bhat	Academic issues
5	18-ECE-14	Qurat Ul Ain	Academic issues
6	22-ECE-14	Arindam Katyal	Personal issues
7	23-ECE-14	Safeer Ahmed	Personal issues
8	26-ECE-14	Mohit Kumar Dutta	Personal issues
9	27-ECE-14	Prince Shabir	Personal issues
0	36-ECE-14	Faheem Fayaz	Academic issues
	-		
	1	1	

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

T		
Date:		
Date.		

Report of personal counselling for the Department of Computer

Science and Engineering

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

	Ph. No/Fax No: - 01962-241016	
o. BGSBU/DCSE/ /		

Date:	
Dutc	

Batch (2014-2015)

S. No.	Content	Page No.
1.	List of student attended personal counseling	8
2.	Personal Counseling Report	10

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/15 / 84

Date: 27/05/2015

The Dean SoET, BGSB University, Rajouri (J&K)

Subject: List of Student Attended Personal Counseling During 2014-15.

Sir,

We want to bring into your kind notice that the department of Computer Science and Engineering has successfully conducted the personal counselling for the students of CSE. The personal counseling was given to the following students by the internal faculties of the department.

S.No.	Name of student	Roll No.
1	Shameer Bashir	03-CSE-2013
2	Muneeb Nabi	04-CSE-2013
3	Tanzeela Javid Kaloo	05-CSE-2013
4	Aadil Ahmad Itoo	07-CSE-2013
5	Basit Başhir Najar	09-CSE-2013
6	Syed Asif Ahmad Qadri	10-CSE-2013
7	Danish Gulzar Sofi	11-CSE-2013
8	Arshad Ayoub	12-CSE-2013
9	Nadia Farooq	13-CSE-2013
10	Mehreen Zakir	14-CSE-2013
11	Saddam Hussain	15-CSE-2013
12	Ubadullah Khan	16-CSE-2013





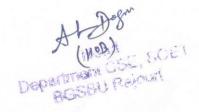
School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) – 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:____

13	Syed Iqra	17-CSE-2013
14	Henna Rashid	18-CSE-2013
15	Sajad Ahmed	19-CSE-2013
16	Mir Farhan	20-CSE-2013
17	Shahnawaz	26-CSE-2013
18	Peer Auqib	27-CSE-2013
19	Mudasir Rashid	28-CSE-2013
20	Mohd Ubaid	29-CSE-2013
21	Badran Jeelani	30-CSE-2013
22	Waseem Yousif	31-CSE-2013
23	Nabeel Fayaz	32-CSE-2013
24	Zahid Khusheed	34-CSE-2013
25	Abdul Hamid Lone	35-CSE-2013
26	Uroosa Shafi	36-CSE-2013
27	Shakir Rasool	37-CSE-2013
28	Mohammad Yasir Kotay	38-CSE-2013
29	Aukif Yousuf Wani	39-CSE-2013
30	M. Abubakar Gul Nabi	40-CSE-2013



Department of Computer Science & Engineering School of Engineering & Technology

BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

Date:

48-CSE-2013

No. BGSBU/DCSE/18/

35

27	Shakir Rasool	37-CSE-2013
28	Mohammad Yasir Kotay	38-CSE-2013
29	Aukif Yousuf Wani	39-CSE-2013
30	M. Abubakar Gul Nabi	40-CSE-2013
31	Ilyas Idrees	41-CSE-2013
32	Palvi Sharma	43-CSE-2013
33	Lubhawani Sharma	44-CSE-2013
34	Nafia Kouser	47-CSE-2013

HoD
Head
Department CSE, SOE
BGSBU Rajouri

Manzoor Hussain

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/19/86

Date: 29/01/2017

Personal Counselling Report

(2014-15)

The department of Computer Science and Engineering has successfully provided the personal counselling during the year, 2014-15, on different aspects of day- to-day life, in which 35 students of CSE participated. The various sessions were conducted by Mr. Khalil Ahmed, Mr. Amit Dogra, Mr. Taseem Nazir, Mrs. Jasleen Kour, Mrs. Rukhsana Thakur, internal faculties of the department. The purpose of the counselling is to aware the students related to important aspects like, drug addiction, social responsibilities, women empowerment, secularism, and future career. The faculties encourage environmental changes in student's community that promote recovery such as reducing the number of alcoholic beverages and holding alcohol-free recreational events. Moreover, faculties also emphasis on social responsibilities of students in building nation. Social and cultural factors play an important role in initiation, maintenance and therapeutic intervention of drug-abuse. In addition to that, student career guidance with the help of professionals can help them to target right career path. The students really appreciated the guidance provided by the different faculties of the department in improving their way of thinking and vision related to their future.

Head Head BOSE BOE BOSE BOSE Rejour!



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Department of Information Technology and Engineering

School of Engineering and Technology

It is for the information of all B.Tech students of Department of Information Technology and Engineering (ITE) that Personal counselling sessions will be conducted. The main objective of the said 04/August/2014 in the laboratory block of ITE at 12:00 - 4:30 PM.

Mr. Manmeet Singh will coordinate the sessions and all faculty of the department will be available to the students for the personal sessions.

> Department of I **EGSB** University, Rajouri (J&K)

Copy to

- 1. Dean Engineering
- 2. All faculty of ITE
- 3. Office file



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

EVENT REPORT: Personal Counselling Sessions on 04/August/2014.

Personal counselling helps individuals to better understand the specific concern they are experiencing, identify their strengths and to determine the directions they need to take in order to address the concern. With this goal department of Information Technology and Engineering held a personal counselling session for all students of the department.

The Sessions coordinated by Mr Manmeet Singh on 04/August/2014. The event started at 01:00 PM with talk on common Anxiety and Depression Issues by Mr Malik Mubasher Hassan. After that student consulted various faculties of the department for personal sessions.

The common issues discussed by students were depression/depressed mood, anxiety, balancing professional and personal priorities, loneliness and homesickness, family issues, attention and concentration difficulties, disordered eating habits, problems with sleep, physical health issues, anger, acute concern on behalf of another student.

Forty (40) students participated in the personal session during the event.





School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Attendance Record: **Personal Counselling Sessions on** 04/August/2014.

COLLEGE OF ENGINEERING & TECHNOLOGY



Branch: Information Technology

S.No	Name of Student	Roll No.	Signature
1	SALIHA MUSHTAQ	01-ITE-13	tait
2	HAFSA QAZI	02-ITE-13	haliana
3	WAKEEL AHMAD BHAT	03-ITE-13	wakee.
4	WALAYAT ALI BHAT	04-ITE-13	uplayet
5	FAIZAN KHALID MIR	05-ITE-13	Fairans
6	MIR NAYYIR NISAR	06-ITE-13	in
7	SUHAIL MOSHTAQ	08-ITE-13	Subard
8	SHAFAT BASHIR KALOO	09-ITE-13	Supy!
. 9	AATIFA RASOOL	10-ITE-13	Merley
10	ANZAR IQBAL	11-ITE-13	Kalife.
11	SHABIR UR RASHID	12-ITE-13	(watis
12	MAHAPARA MAHAK	13-ITE-13	Mcharbar
13	MUNEEB MANZOOR BHAT	14-ITE-13	Muneel
14	MIR MOHAMMAD HANAN	15-ITE-13	Vana.
15	SHEIKH IKHWAT	16-ITE-13	Teter
16	SYED ATHAR	18-ITE-13	Syed Atha
17	MEHAK KHURSHID TAK	19-ITE-13	mehale.
18	HANAN KHALEEF	20-ITE-13	000
19	SYED SUJEEL MANZOOR	21-ITE-13	Syeday
20	SAYIMA MUKHTAR	22-ITE-13	sayima
21	MIR AYOUB	23-ITE-13	my inst
22	MOHD UMMAR CHOPAN	24-ITE-13	MAHE



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

5						
1 - 2 - 1	23	RAAJA MOHD IQBAL	25-ITE-13	Mak		
	24	RAQEEB KHURSHID	26-ITE-13	Deal Frances		
	25	AMJID ALI	27-ITE-13	dry the		
	26	RUBAIL JAVID RATHER	29-ITE-13	Medicaro		
	27	INAYAT ULLAH MAKHDOONI	30-ITE-13	tanaged -		
	28	RAYEES AHMED ZARGAR	31-ITE-13	Par All	5	
	29	BURHAN UD DIN AZIZ	32-ITE-13	1 840		
	30	HUMAYUN ASHRAF	33-ITE-13	Thinger		
	31	UMAR FAROOQ MIR	34-ITE-13	comas		
	33	SHEIKH ZUBAIR -UL ISLAM	36-ITE-13	Vikery		
	34	SUHAIB JI BHAT	37-ITE-13	Bartit		
- 1	35	WASEEM FARHAD	38-ITE-13	whater.		
	36	SHARIQ RASHID BHAT	39-ITE-13	Shawat		
	37	KHUSHBOO MUSTAFA	40-ITE-13	Khushoo		
	38	SYED BURHAN SHAH	41-ITE-13			
	39	ZAKIR SHAFI MATOO	42-ITE-13	2 min		
	40	KHUSHBOO YOUNIS	43-ITE-13	(Chan mm)		



Department of Civil Engineering, SOET Baba Ghulam Shah Badshah University, Rajouri (J & K)

Ref. No:BGSBU/CoET/CE/15/ 25

Date: 22-1-2015

Personal Counseling Report: 2014-15 Academic Year

Problems, worries and concerns are part of everyone's life from time to time. Personal counseling can help you to understand and confront the challenges you face. Personal counseling provides an opportunity to explore your concerns in a supportive and non-judgmental environment.

In general, the goal of psychotherapy is to talk through mental health concerns and help clients heal, grow and move toward more productive, psychologically healthy lives. Skills of warmth, friendliness, openness and empathy are ingredients of successful counseling process. Counselor has to listen attentively, answer question objectively and reinforce important information. Maintaining dignity of individual as individual is primary concern in counseling.

The goal of counseling is to enable the individual to make critical decisions regarding alternative courses of action without outside influence. Counseling helps individuals obtain information, and to clarify emotional concerns that may interfere with or be related to the decisions involved.

The Civil Engineering department of School of Engineering & Technology, BGSB University is always aware of the students' issues. Caring of students problems, making mentally strong for future endeavours are equally emphasized with the academics. Students undergoes a three week Induction Program at the beginning of their course, so that they can easily adjust with the BGSBU community and its environment. A faculty and a senior student are engaged as mentor for every 20 students at their first year though an overall counselor is engaged for a batch. Mr. Vaseem Ahmad Shehnaz, HoD has taken the charge of counselor for the academic year 2014-15. Total 36 students have been identified for special attention in this year. We provide personal counseling for individuals or couples to help with problems such as:

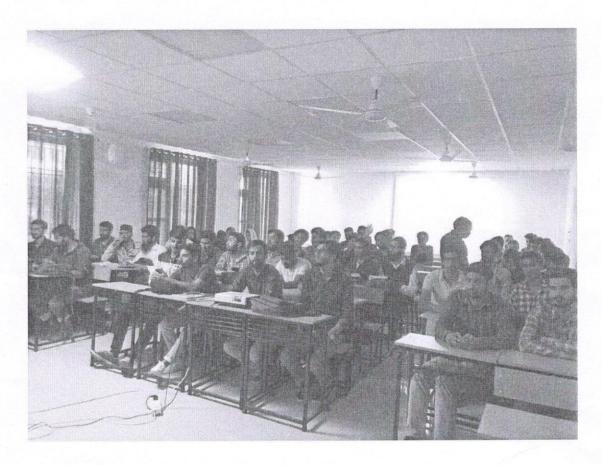
W.

my

- Anxiety
- Relationship issues
- Loneliness and isolation
- Addictive behaviors
- Sexuality and sexual identity
- Eating and body image problems
- Homesickness and difficulty adjusting to the university

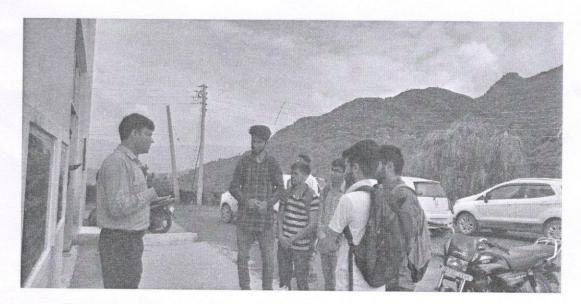
After all, our aim is to provide an opportunity to work towards living more satisfyingly and resourcefully. Counseling is the skilled and principled use of relationship to facilitate self-knowledge and the optimal development of personal resources.

A caption has been attached of consulting moment with students



Date: 11th January 2015, Interaction time with the students

The same of the sa



Date: 20th November, 2014, During personal interaction

Head

continent Of civil Engineering
BUSB University, Rajouri

Attached List of students who have taken counseling session 2014-2015

S.no	Name and parentage	Roll No	Type of Counseling
1.	Arif Hassan Mir	KOII NO	Personal Counseling
	S/o Ghulam Hassan Mir	01-CE-2013	Personal Counseling
2.	Sahil Ayoub Dar S/o Mohd Ayoub Dar	02-CE-2013	Personal Counseling
3.	Aamir Khan S/o Ab Majeed Khan	03-CE-2013	Personal Counseling
4.	Zubair Nazir S/o Nazir Ahmad Mir	04-CE-2013	Academic Counseling
5.	Owais Hassan S/o Ghulam Hassan Bhat	05-CE-2013	Academic Counseling
6.	Areeha Mahmood D/o Mahmood Ahmad Wani	06-CE-2013	Personal Counseling
7.	Tabish Gulzar S/o Gulzar Ahmad Khan	07-CE-2013	Personal Counseling
8.	Mir Abdul Basit S/o Nazir Ahmad Mir	08-CE-2013	Personal Counseling
9.	Umar Tariq S/o Tariq Ahmad Bhat	09-CE-2013	Personal Counseling
10.	Nadeem Qayoom Dar S/o Abdul Qayoom	10-CE-2013	Personal Counseling
11.	Asif Iqbal S/o Shaker Iqbal	11-CE-2013	Academic Counseling
12.	Aabid Farooq Kanroo S/o Farooq Ahmad Kanroo	13-CE-2013	Academic Counseling
13.	Asif Hussain Lone S/o Ab Ahad Lone	14-CE-2013	Academic Counseling
14.	Rizwan Shakeel S/o Shakeel Ahmed	15-CE-2013	Academic Counseling
15.	Anubhav Sharma S/o Bhushan Kumar Sharma	16-CE-2013	Personal Counseling
16.	Mohd Sajid S/o Habib Ullah	18-CE-2013	Academic Counseling
L7.	Sayed Wasi Abbas S/o Saleem Shah	19-CE-2013	Personal Counseling
18.	Ishtiaq Ahmed S/o Zaman Shah	20-CE-2013	Personal Counseling
19.	Mohd Daniyal Mir S/o Ghulam Nabi Mir	21-CE-2013	Personal Counseling
20.	Razwan UI Haq S/o Kafil Ahmed	22-CE-2013	Academic Counseling
1.	Gazala Chowdhary D/o Mohd Rashid	23-CE-2013	Personal Counseling
22.	Abrar Suhil Chowdhary S/o Mohd Zaffar	24-CE-2013	Personal Counseling
3.	Sajid Shabir Choudhary S/o Shabir Ahmed Choudhary	25-CE-2013	Personal Counseling
4.	Ahmed Raza Choudhary S/o Abdul Qayoom Choudhry	26-CE-2013	Personal Counseling
5.	Mohd Irfan S/o Abdul Rashid	27-CE-2013	Personal Counseling
6.	Sahil Kundal S/o Avtar Chand Kundal	28-CE-2013	Academic Counseling

27.	Mehr Un Nisa D/o Mohammad Amin Malik	30-CE-2013	Personal Counseling
28.	Mohd Wasif Mir S/o Gh Mohd Mir	31-CE-2013	Personal Counseling
29.	Suhaib Ahad S/o Abdul Ahad	32-CE-2013	Academic Counseling
30.	Danyal Majeeb S/o Majeeb UI Rehman	33-CE-2013	Academic Counseling
31.	Perveiz Ahmad Bhat S/o Ab Gani Bhat	34-CE-2013	Academic Counseling
32.	Tawfiq Qadir S/o Gh Qadir Bhat	35-CE-2013	Academic Counseling
33.	Abdul Qadeer S/o Gulzar Ahmad Ganie	36-CE-2013	Academic Counseling
34.	Shahid Ahmad Bhat S/o Ab Gani Bhat	37-CE-2013	Personal Counseling
35.	Tajamul Qayoom Lone Dewan S/o Ab Qayoom Lone Dewan	40-CE-2013	Personal Counseling
36.	Adil Bin Ayoub S/o Mohd Ayoub Dar	41-CE-2013	Personal Counseling





Ref:BGSBU/CoET/ERE/14 / 289/ (a)

Dated: - 01-12-2014

The Principal CoET, BGSB University, Rajouri,

Sub: - Report of personnel Counseling

Respected Sir,

During odd semester (session 2014-15) Faculty members of ERE department have analyzed the response of students in classrooms while delivering lectures and results of internal assessments tests being conducted during the current semester courses and also have identified the students who require special attention for enhancing their personality, tackling personal issues and improving academic performances. After completion of identification process different faculty members were allotted to different group of students who would provide personal counseling to these students.

List of students along with allotted faculty member against Personal Counseling:

S.No.	Roll No.	Name	Faculty Mentor
1	04-ERE-2012	UMAR MAQBOOL	
2	05-ERE-2012	UMER MUKHTAR	
3	09-ERE-2012	ISHFAQ ASSAD ELLAHI	Mr. Tasaduq Hussain
4	10-ERE-2012	AAQUIB FIRDOUS	
5	11-ERE-2012	SYED SHAHID UL ISLAM ANDRABI	
6	20-ERE-2012	WAQAR AHMED	
7	24-ERE-2012	YASSAR AHMED BHATTI	Mr.Shafqat Nabi
8	25-ERE-2012	VARUN KESAR	Mughal
9	26-ERE-2-12	VISHAL DEEP CHANDAN	
10	27-ERE-2012	ADIL REHMAN BHAT	
11	40-ERE-2012	MOHD ISHAQ EYTOO	
12	41-ERE-2012	SHAISTA TABASSUM	
13	47-ERE-2012	MUNIB MUNIR Mr.Neetan S	
14	48-ERE-2012	SAQUIB MAJEED	
15	51-ERE-2012	MOHD IBRAR LONE	
16	05-ERE-13	MOIN IMTIYAZ	Mr. Mohd Iqbal Dar

HoD HoD Engineering
CoET, BGSBU

Ref:BGSBU/CoET/ERE/14/2891

Dated: -01-12-2014

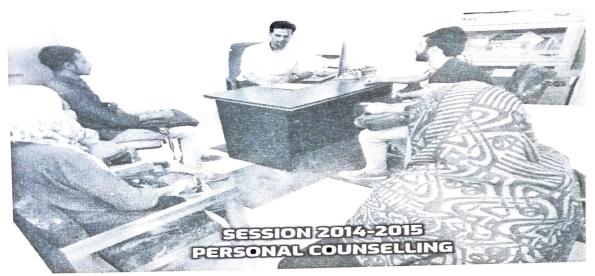
17	06-ERE-13	MUSAIB AYOUB	
18	07-ERE-13	FAYIZ MANZOOR	
19	08-ERE-13	ADIL MAJEED MIR	
20	13-ERE-13	SHOWKET AHMAD KHAN	
21	14-ERE-13	RIFAT ULLAH BHAT	
22	19-ERE-13	SAIYMA BATOOL	
23	25-ERE-13	ASID NISSAR	
24	26-ERE-13	HAQ NAWAZ CHOUDHARY	
25	29-ERE-13	RAJESHWAR	
26	30-ERE-13	MEHRAJ UD DIN WANI	Miss. Monika Kuloo
27	32-ERE-13	AAQIB AHMAD NAJAR	
28	33-ERE-13	MUZAMIL MUSHTAQ	
29	35-ERE-13	HENAN SADIQ	
30	45-ERE-13	ISHTIAQ AHMED	
31	46-ERE-13	SOHAIB GAYAS	
32	52-ERE-13	ANEESA ZAFFER	
33	53-ERE-13	SAJAD AHMED	Miss. Fouzia Reyaz
34	56-ERE-13	SHUGUFTA YOUSUF	
35	59-ERE-13	RABIA BUTT	

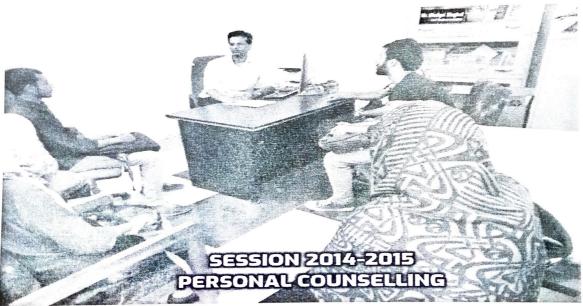
Sessions were organized by faculty members for these students where they provided extra notes to the weak students. In these sessions faculty members provided personnel counseling and gave motivational lectures students. A change in self-confidence and attitude of the students attending those sessions was observed in the subsequent lectures. A significant improvement in curricular and extracurricular activity of the students was a direct result of these sessions.

How How How House Engineering CoET, BGSBU

Ref:BGSBU/CoET/ERE/14 2891

Photograph:









SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No. : PGSMS/301

Dated: 17/69/14

Notice

Personal Counseling Session (2014-2015)

A personal counseling session shall be organized in The School of Management Studies, BGSB University Rajouri on 30 September 2014. Any student who has any issues including Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session.

School of Management Studies BGSB University Rajouri



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

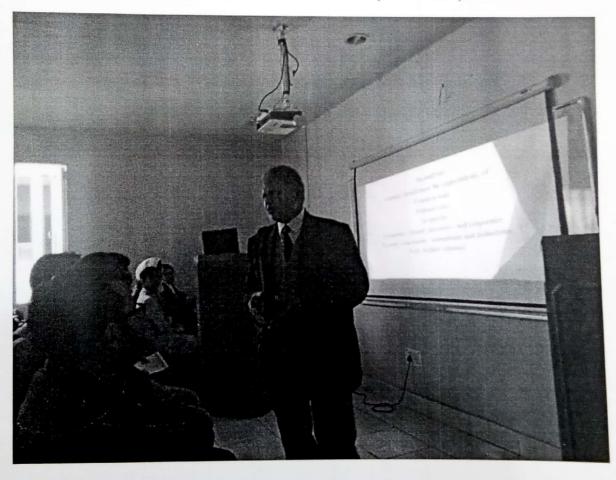
Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No: PGSMS/316 Dated: 06/10/2014

REPORT OF PERSONAL COUNSELING (2014-2015)

A personal counseling was organized in The School of Management Studies, BGSB University Rajouri on 30 September 2014. The several issues that were proposed to be addressed were Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship/Societal Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session. A considerable number of students attended the session and later some individual discussions with students pertaining to their issues were also deliberated.

Counseling Session 2014-2015 (30/09/2014)



School of Management Studies
BGSB University Rajourl

The list of students who attended the session is given below:

S.NO.	ROLL NUMBER	NAME	TYPE OF COUNSELING OFFERED
1	01-MBA-2014	Aamir Rashid Koka	Understanding Course Curriculum
2	02-MBA-2014	Aadil Maqbool	Behavioral / Mood Changes (Depression)
3	03-MBA-2014	Sadaf Nazir	Understanding Course Curriculum
4	04-MBA-2014	Ishfaq Hasssan Sheikh	Adjustment in the Department
5	05-MBA-2014	Wasim Ahmad Khan	Adjustment in the Department
6	06-MBA-2014	Aajaz Ahmad Dar	Relationship/Societal Conflicts
7	07-MBA-2014	Sajad Ahmad Malik	Adjustment in the Department
8	08-MBA-2014	Sachin Sharma	Adjustment in the Department
9	09-MBA-2014	Mohd Ishaq Dar	Understanding Course Curriculum
10	10-MBA-2014	Yasir Rafiq Naik	Behavioral / Mood Changes (Depression)
11	11-MBA-2014	Danish Mushtaq Hurrah	Understanding Course Curriculum
12	12-MBA-2014	Amir Farooq Wani	Understanding Course Curriculum
13	13-MBA-2014	Aashiq Hussain Ganie	Understanding Course Curriculum
14	14-MBA-2014	Waseem Bashir	Understanding Course Curriculum
15	15-MBA-2014	S Shahid Yaseen	Relationship/Societal Conflicts
16	16-MBA-2014	Sheikh Aamir	Understanding Course Curriculum
17	17-MBA-2014	Tanveer Ahmad Pala	Understanding Course Curriculum
18	18-MBA-2014	Faisal Nazir Shah	Understanding Course Curriculum
19	19-MBA-2014	Waseem Yousf Khan	Adjustment in the Department
20	20-MBA-2014	Feroze Ahmad Mir	Understanding Course Curriculum
21	21-MBA-2014	Bashrat Majeed	Relationship/Societal Conflicts
22	22-MBA-2014	Fasel Muneer Masoodi	Adjustment in the Department
23	23-MBA-2014	Peer Asif Ahmad	Understanding Course Curriculum
24	24-MBA-2014	Ishfaq Shafi	Adjustment in the Department

Dean

DEAN
School of Management Studies
BGSB University Rajouri



DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING School of Engineering and Technology, BGSB University Rajouri (J&K) – 185234

Ref no: BGSBU/SoET/ECE/16/ 993A

Dated 6/5/16

Report for Personal Counselling

The Department of Electronics and Communication Engineering arranged Personal Counselling classes for students keeping in view the circumstances faced by each student. The circumstances of students were identified by the department and accordingly counselling was provided to them.

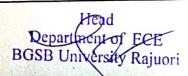
The response of the counselling was seen to be very good and students were strengthened to overcome such issues. The issues included personal, academic and financial problems faced by students. Sixty students participated in the academic year 2015-16.



Mrs Shaveta Puri conducting personal counselling, dated 10/03/2016
Attached with this report is the list of students who have taken the counselling.

Departification of ECE BOBB VIEW SPERajuori

	2015-16					
		Name of Student	Type of Counseling Offered			
S. No.	Roll Number		Financial issues			
1	01-ECE-2012	Saadiya Parvaiz Omer Rashid	Financial issues			
2	08-ECE-2012	Asif Ahmed Bhat	Financial issues			
3	09-ECE-2012	Rouf-al-Allahir	Financial issues			
4	14-ECE-2012	Asim Sajeed Rather	Academic issues			
5	15-ECE-2012	Asini Sajeed Addis	Academic issues			
6	18-ECE-2012	Rashid Ali	Academic issues			
7	22-ECE-2012	Ankita Bhagat	Academic issues			
8	26-ECE-2012	Iliyas Ahmad	Personal issues			
9	31-ECE-2012 35-ECE-2012	Kaafin Jan	Personal issues			
10	40-ECE-2012	Dar Faisal	Personal issues			
11	46-ECE-2012	Aqib	Personal issues			
12	51-ECE-2012	Hanief Murtaza	Academic issues			
13 14	52-ECE-2012	Moshin Ali	Academic issues			
15	58-ECE-2012	Syed Insha	Academic issues			
16	03-ECE-2013	YASEEN FAROOQ BHAT	Academic issues			
17	04-ECE-2013	UMAR ALI WANI	Personal issues			
18	09-ECE-2013	NIDA WANI	Financial issues			
19	10-ECE-2013	SABIA GUL	Financial issues			
20	18-ECE-2013	AADIL HAYAT	Financial issues			
21	23-ECE-2013	REYAZ AHMED	Financial issues			
22	30-ECE-2013	ANJUM SHAHEEN	Academic issues			
23	31-ECE-2013	TASEEM AKHTER	Academic issues			
24	34-ECE-2013	MOHD NASIR	Academic issues			
25	35-ECE-2013	MUDASSAR IQBAL	Academic issues			
26	39-ECE-2013	MUSHAHID SIDDIQUI	Personal issues			
27	40-ECE-2013	ZAKIR HUSSAIN	Personal issues			
28	44-ECE-2013	HARASH KUMAR	Personal issues			
29	47-ECE-2013	ADNAN IQBAL	Personal issues			



30	50 707 0040	CHARMANANANANANANANANANANANANANANANANANANA	Academic issues	
30	50-ECE-2013	SHUBHAM MAHAJAN	Academic issues	
31	54-ECE-2013	SHAHID MAJEED	Financial issues	
32	01-ECE-14	Muzafar Ahmad Bhat	Financial issues	
33	02-ECE-14	Saqib Yaqoob	Financial issues	
34	07-ECE-14	Faisal Manzoor Shah	Financial issues	
35	08-ECE-14	Tahir Mohammad Wani	Academic issues	
36	12-ECE-14	Igra Faroog	Academic issues	
37	13-ECE-14	Shakir Khursheed	Academic issues	
38	16-ECE-14	Rahul Sharma	Academic issues	
39	17-ECE-14	Faheem Farooq Bhat	Personal issues	
40	18-ECE-14	Qurat Ul Ain	Personal issues	
41	20-ECE-14	Ishfaq Ahmad Wani	Personal issues	
42	21-ECE-14	Afnan Gulzar Khan	Personal issues	
43	22-ECE-14	Arindam Katyal	Academic issues	
44	23-ECE-14	Safeer Ahmed	Academic issues	
45	27-ECE-14	Prince Shabir	Academic issues	
46	28-ECE-14	Dikshit Kalyal	Academic issues	
47	29-ECE-14	Atuf Mahmood Adil Bhatti	Personal issues	
48	30-ECE-14	Awais Shabir	Financial issues	
49	31-ECE-14	Atif Zahoor	Financial issues	
50	33-ECE-14	Aquib Zahoor	Financial issues	
51	34-ECE-14	Mohd Israr	Financial issues	
52	35-ECE-14	Mohd Mudassar	Academic issues	
53	36-ECE-14	Faheem Fayaz	Academic issues	
53 —	37-ECE-14	Nowreena Altaf Nilla	Academic issues	
55	38-ECE-14	Umer Farooq	Academic issues	
56	39-ECE-14	Kanu Priya	Personal issues	
57	05-ECE-2015	INSHA MANZOOR	Personal issues	
58	06-ECE-2015	UMAIR KAISER Personal issues		
59	07-ECE-2015	AFFREEN AIJAZ	Personal issues	
60	08-ECE-2015	ABHISHEK SHARMA Academic issues		

Department of ECE BGSB University Rajuori

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No	BGSBU	/DCSE	/ /
140.	DODDO		//

Date:			
1 latar			

Report of personal counselling for the Department of Computer

Science and Engineering

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:			

Batch (2015-2016)

S. No.	Content	Page No.
1.	List of student attended personal counseling	13
2.	Personal Counseling Report	16

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/16/56

Date: 08/06/2016

The Dean
SoET, BGSB University,
Rajouri (J&K)
Subject: List of student attended personal counseling during 2015-16.`

Sir,

The department of Computer Science and Engineering has successfully conducted the personal counselling for the students of CSE during year 2015-16. The personal counseling was provided to the following students by the internal faculties of the department.

S.No.	Name	ROLL No.
1	Haroon Rashid Lone	01-CSE-2014
2	Arselan Ashraf	02-CSE-2014
3	Moazam Farhan Banday	03-CSE-2014
4	Seyed Muzaffar	04-CSE-2014
5	Sidrah Fayaz	05-CSE-2014
6	Shozy Jan	06-CSE-2014
7	Ovais Altaf	07-CSE-2014
8	Saboor Ahmad Koul	09-CSE-2014
9	Prince Zahid	10-CSE-2014
10	Zahid Iqbal	11-CSE-2014
11	Zubair Fayaz	12-CSE-2014
12	Saleem Rashid Aga	15-CSE-2014





School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

				1
No.	BGSBU,	/DCSE/	/	

Date:____

13	Umaira Ahad	16-CSE-2014
14	Anayat Ullah Iqbal	20-CSE-2014
15	Najam Us Saqib	21-CSE-2014
16	Asif Rehman	22-CSE-2014
17	Saaid Zargar	23-CSE-2014
18	Zahoor Ahmad Ganie	24-CSE-2014
19	Aaqib Iqbal Alaie	25-CSE-2014
20	Shabaaz Ahmed Malik	26-CSE-2014
21	Aijaz Ahmad Chopan	27-CSE-2014
22	Sheikh Muzakkir Bashir	28-CSE-2014
23	Akther Rashid Mir	29-CSE-2014
24	Rahila Ayoub	30-CSE-2014
25	Aqleem Makhdoomi	31-CSE-2014
26	Haris Shafi Malik	33-CSE-2014
27	Zahid Aslam Shora	34-CSE-2014
28	Syed Aijaz Mumtaz	39-CSE-2014
29	Sohail Aziz	40-CSE-2014
30	Saqiba Farooq	41-CSE-2014
31	Rukhsar Begum	42-CSE-2014
32	Sahil Abass Mir	43-CSE-2014
33	Sofia Andleeb	44-CSE-2014

H

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

T .		
Date:		

34	Umar Farooq	45-CSE-2014
35	Wajid Amin	46-CSE-2014
36	Mavash Malik	47-CSE-2014
37	Tahir Aziz	48-CSE-2014
38	Vishal Sharma	49-CSE-2014
39	Junaid Ul Islam	51-CSE-2014
40	Aafreen Rashid	52-CSE-2014

HoD Head Department CSE, SOE BGSBU Rajouri

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/16/53

Date: 05-6-2016

Personal Counselling Report

(2015-16)

During the year, 2015-16, personal counselling was successfully conducted in different sessions by the Department of Computer Science and Engineering, BGSBU, Rajouri, in which 40 students participated. The various sessions were conducted by Mr. Khalil Ahmed, Mr. Amit Dogra, Mr. Taseem Nazir, Mrs. Jasleen Kour, Mrs. Rukhsana Thakur, internal faculties of the department. The purpose of the counselling is too aware the students related to important aspects like, drugs, social responsibilities, child labour, health and hygiene, and future career. The faculties encourage environmental changes in student's community that promote recovery such as reducing the number of alcoholic beverages and holding alcohol-free recreational events. Moreover, faculties also emphasis on social responsibilities of students in building nation. Social and cultural factors play an important role in initiation, maintenance and therapeutic intervention of drug-abuse. In addition to that, student career guidance with the help of professionals can help them to target right career path. The students really appreciated the guidance provided by the different faculties of the department in improving their way of thinking and vision related to their future.

HoD Ad Don Wead Department CSE, SC. BGSBU Rejouri

Department of Information Technology and Engineering



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Department of Information Technology and Engineering

School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Ref. No: BGSBU/SOET/ITE/I.S/1466A Date 12/10/15

Notice

It is for the information of all B.Tech students of Department of Information Technology and Engineering (ITE) that Personal counselling sessions will be conducted. The main objective of the said **04/Nov/2015** in the laboratory block of ITE at 12:00 - 4:30 PM.

Mr Malik Mubasher Hassan will coordinate the sessions and all faculty of the department will be available to the students for the personal sessions.

Head Department of ITE,

> BGSBU H.O.D ITE, SOET BGSB University, Rajouri (J&K)

Copy to

- 1. Dean Engineering
- 2. All faculty of ITE
- 3. Office file

Department of Information Technology and Engineering



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

EVENT REPORT: Personal Counselling Sessions on 04/Nov/2015

Personal counselling helps individuals to better understand the specific concern they are experiencing, identify their strengths and to determine the directions they need to take in order to address the concern. With this goal department of Information Technology and Engineering held a personal counselling session for all students of the department.

The Sessions coordinated by Mr Malik Mubasher Hassan on 04/Nov/2015. The event started 12:00 noon with talk on Personal Problems faced by students and the solution by Mr Nikhil Gupta. After that student consulted various faculties of the department for personal sessions. The common issues discussed by students were interpersonal/relationship difficulties, difficulties in self-esteem and/or identity, balancing professional and personal priorities, loneliness and homesickness, family issues, attention and concentration difficulties, disordered eating habits, problems with sleep, depression/anxiety, physical health issues.

Twenty (20) students participated in the personal session during the event.



Department of Information Technology and Engineering



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Attendance Record: Personal Counselling Sessions on 04/Nov/2015

S. No.	Rollno.	Stynature
01.	23-ITE-15	Jammi
02.	09-ITE-15	
03	27-378-15	UziaAz
04	20-ITE-15	Ausan
02	25-112-15	Stolet
06	02-ITE-15	Smal Ighal ly.
Fo	13-ITE-15	(ZAHEER)
08)	07-15E-15	Brand
09	04-176-15	CHOIL
10	\$1-11E-15	iron
U	31-ITE-1	waist
دا	19-178-15	
13.	03-ITE-15	Al sare,
щ.	17-ITE-15	Conform
15.	21-176-15	色学
16.	15 700 15	(Somial)
17.	05-17E-15	Taone
to.	14-ITE-15	R-males
19.	30-17E-15	Inces
The state of	08-ITE-15	Davis

Department of Civil Engineering, SOET Baba Ghulam Shah Badshah University, Rajouri (J & K)

Ref. No:BGSBU/CoET/CE/15/7/5

Date: 19-1-2016

Personal Counseling Report: 2015-16 Academic Year

Guidance is a term sometimes used broadly to refer to advising or helping an individual with any kind of educational, vocational or personal problems.

One important teacher role inside and outside the classroom is to provide guidance and counselling to students. counseling provides an opportunity to explore your concerns in a supportive and non-judgmental environment. Apart from subject teaching, teachers are entrusted with many responsibilities nowadays. Guidance and counseling are some of their major duties. In the guidance and counseling literature, these two words generally take on different meanings. The former refers to helping students' whole-person development, while the latter is frequently targeted at helping students with problems. Career guidance consists of services that help people successfully manage their career development. The goal of counseling is to enable the individual to make critical decisions regarding alternative courses of action without outside influence. Counseling helps individuals obtain information, and to clarify emotional concerns that may interfere with or be related to the decisions involved.

In general, the goal of psychotherapy is to talk through mental health concerns and help clients heal, grow and move toward more productive, psychologically healthy lives. Skills of warmth, friendliness, openness and empathy are ingredients of successful counseling process. Counselor has to listen attentively, answer question objectively and reinforce important information. Maintaining dignity of individual as individual is primary concern in counseling.

The Civil Engineering department of School of Engineering & Technology, BGSB University is always aware of the students' issues. Caring of students problems, making mentally strong for future endeavours are equally emphasized with the academics. Students undergoes a three week Induction Program at the beginning of their course, so that they can easily adjust with the BGSBU community and its environment. Mr. Zishan Aslam has taken the charge of counselor for the academic year 2015-16. The 30 students have been identified for special attention in this year. We provide personal counseling for individuals or couples to help with problems such as:

- Depression & Sadness.
- Anxiety & Stress Management.
- Fears & Phobias.
- Eating Disorder Treatment
- Loneliness and isolation
- Addictive behaviors
- Sexuality and sexual identity
- Motivation
- Homesickness

A photo has been attached of counseling time



Date: 14th October 2015, interaction time with student



Date: 15th January, 2016; Discussion time with students.





Attached List of students who have taken counseling session 2015-2016

		r couriseiing session 2015-201	.б
S.no	Name and parentage	Roll No	Type of Counseling
1.	MOHD TAHSEEN		Personal counseling
	S/O MANZOR AHMAD	01-CE-2014	
	AHANGAR		
2.	ABRAR AYAZ		Personal counseling
	S/O AYAZ HUSSAIN	02-CE-2014	r ersonal counseling
	NENGROO	02 02 2014	
3.	NADEEM BASHIR		Daniel II
	S/O BASHIR AHMAD MALIK	03-CE-2014	Personal counseling
4.	WAJHAT RAFIQ		
	S/O MOHD RAFIQ BHAT	04-CE-2014	Personal counseling
5.	TADEEL RASHID		
	S/O ABDUL RASHID	05-CE-2014	Personal counseling
6.	ABDUL ROUF BHAT S/O		
	GH. NABI BHAT	06-CE-2014	Personal counseling
7.	ASRAR UL HAQ		
··		07-CE-2014	Personal counseling
8.	S/O ASSADULLAH DAR		
U.	TARUN RAINA		Personal counseling
	S/O RAKESH KUMAR	08-CE-2014	
0	RAINA		
9.	ANISH KUMAR	09-CE-2014	Personal counseling
10	S/O RAAN KUMAR	09-CE-2014	
10.	VANSHAK	10.65.3044	Personal counseling
	S/O TILAK RAJ	10-CE-2014	- Sondi counselling
11.	MUSHTAQ AHMAD		Personal counseling
	RATHER	44 05 45	. c.sona counseling
	S/O GHULAM MOHIUDDIN	11-CE-2014	
	RATHER		
12.	MOHAMMAD ZAHID BHAT	4	Personal counseling
	S/O MOHD ABASS BHAT	12-CE-2014	r craonal counseling
13.	ZAID BIN HILAL	111 - 122	Personal counseling
	S/O HILAL AHMAD WANI	13-CE-2014	r ersonar counseling
L4.	MIR NAVEED ASHRAF S/O		Porsonal as!'
	MOHAMMAD ASHRAF MIR	14-CE-2014	Personal counseling
5.	MAJID NAZIR SHAH S/O		DonosI
	NAZIR AHMAD SHAH	15-CE-2014	Personal counseling
.6.	SYED BAKHTAWAR BILAL		
	S/O SAYED BILAL AHMAD	16-CE-2014	Personal counseling
7.	RAHUL KUMAR		
	S/O KALI DAS	17-CE-2014	Academic Counseling
8.	AHSAN ALI BUKHARI S/O		
·.	GHULAM ALI SHAH		Academic Counseling
	BUKHARI	18-CE-2014	
9.	100.10		
J.	MUBBASHIR NISAR S/O	19-CE-2014	Academic Counseling
0.	NISAR AHMAD DAR	13 CL 2014	
0.	MOHD ASIF	20-CE-2014	Academic Counseling
1	S/O BASHIR HUSSAIN	20-CE-2014	
	TAUKEER AHMED SHEIKH		Academic Counseling
	S/O ABDUL MAJEED	21-CE-2014	
	SHEIKH		
	AJAZ UL HAQ	00	Academic Counseling
	S/O ABDUL GANI	22-CE-2014	Academic Counseling
	JALIL HUSSAIN SHAH S/O		Academia Carrell
	FAROOQ HUSSAIN SHAH	23-CE-2014	Academic Counseling
1.	RAHUL SHARMA		A 1 - 1 - 2
	S/O PARDEEP SHARMA	24-CE-2014	Academic Counseling

25.	AJAZ AHMED S/O ABDUL HAFIZ	25-CE-2014	Academic Counseling
26.	MOHD AKSAR S/O MOHD RAFIQ	26-CE-2014	Academic Counseling
27.	PRINCE SALMAN RAINA S/O JAWAID IQBAL RAINA	27-CE-2014	Academic Counseling
28.	ANEES AHMED S/O GHULAM HUSSAIN	28-CE-2014	Academic Counseling
29.	SOURAB SHARMA S/O PAWAN KUMAR	29-CE-2014	Academic Counseling
30.	RAJAT MEENIA S/O ASHOK KUMAR MEENIA	30-CE-2014	Academic Counseling

Head

Pead



Ref:BGSBU/CoET/ERE/15 513

Dt. 08/12/2015

The Principal CoET, BGSB University, Rajouri,

Sub: - Report of personnel Counseling

Respected Sir,

During odd semester (session 2015-16) Faculty members of ERE department have analysed the response of students in classrooms while delivering lectures and results of internal assessments tests being conducted during the current semester courses and also have identified the students who require special attention for enhancing their personality, tackling personal issues and improving academic performances. After completion of identification process different faculty members were allotted to different group of students who would provide personal counselling to these students.

List of students along with allotted faculty member against Personal Counselling:

S.No.	Roll No.	Name	Faculty Mentor
1	04-ERE-2012	UMAR MAQBOOL	
2	05-ERE-2012	UMER MUKHTAR	Mr. Tasaduq Hussain
3	06-ERE-2012	MOHD YOUSUF MALLA	
4	12-ERE-2012	AB ROUF SHAH	
5	19-ERE-2012	MOHD ARIF	Mr.Shafqat Nabi
6	20-ERE-2012	WAQAR AHMED	Mughal
7	21-ERE-2012	KHALID BASHIR	iviugitai
8	45-ERE-2012	MUNEEB AHMAD BHAT	
9	46-ERE-2012	SHEHRYAR ZARGAR	Mr.Neetan Sharma
10	48-ERE-2012	SAQUIB MAJEED	
11	04-ERE-13	WASEEM AHMAD BABA	
12	05-ERE-13	MOIN IMTIYAZ	
13	06-ERE-13	MUSAIB AYOUB	Mr. Mohd Igbal Dar
14	07-ERE-13	FAYIZ MANZOOR	
15	19-ERE-13	SAIYMA BATOOL	





Ref:BGSBU/CoET/ERE/15 513

Dt-08/12/2015

16	27-ERE-13	KHALDA YOUSAF	
17	28-ERE-13	NIKHIL KUMAR	- La Kuloo
18	29-ERE-13	RAJESHWAR	Miss. Monika Kuloo
19	34-ERE-13	MIR UBAID RAFIQ	
20	35-ERE-13	HENAN SADIQ	
21	45-ERE-13	ISHTIAQ AHMED	
22	46-ERE-13	SOHAIB GAYAS	A Con Fouria Poyar
23	47-ERE-13	RUQAYA MOHI U- DIN	Miss. Fouzia Reyaz
24	51-ERE-13	ZAKIR HUSSAIN BHAT	
25	52-ERE-13	ANEESA ZAFFER	
26	03-ERE-14	Aaqib Amin	
27	04-ERE-14	Faheem ul Haq	Mr. Tassaduq Hussain
28	05-ERE-14	Muzaffar Ahmed Shah	Wir. Tassaduq Tidasami
29	09-ERE-14	Mir Arjumand	
30	10-ERE-14	S ayaz Ahmed	
31	23-ERE-14	Farzana Nissar	
32	24-ERE-14	Mohd Irfan Khan	Mu Chafaat Nahi Mugha
33	25-ERE-14	Sutinder Kumar	Mr.Shafqat Nabi Mugha
34	28-ERE-14	Mohd Mujtaba Khan	
35	29-ERE-14	Asad Chowdhary	
36	42-ERE-14	Danish Shabir	
37	43-ERE-14	Mohd Asif	NA Na stan al arras
38	47-ERE-14	Ishrat Nabi	Mr.Neetan sharma
39	48-ERE-14	Tanveer Ahmed	
40	49-ERE-14	Mohammad Fadeel	

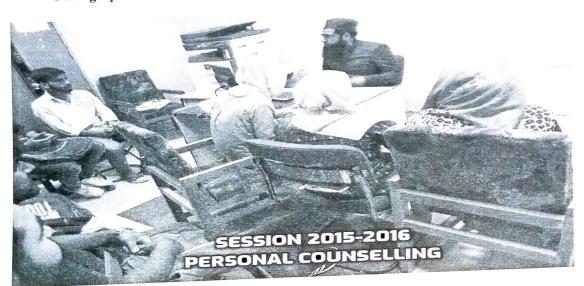
Sessions were organized by faculty members for these students where they provided extra notes to the weak students. In these sessions faculty members provided personnel counselling and gave motivational lectures students. A change in self-confidence and attitude of the students attending those sessions was observed in the subsequent lectures. A significant improvement in curricular and extracurricular activity of the students was a direct result of these sessions.

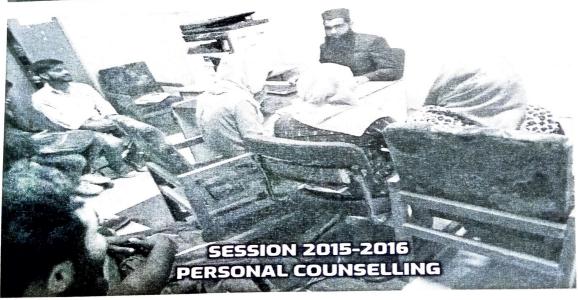
Hou gat Hou gat Hou gat Engineering CoET, BGSBU



Ref:BGSBU/CoET/ERE/15 | 5/3

Photograph:





Thank You Hold Hold Engineering
Hold RE Renewable Engineering
Coet, BGSBU



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No. : PGSMS/204

Dated: 24/09/15

Notice

Personal Counseling Session (2015-2016)

A personal counseling session shall be organized in The School of Management Studies, BGSB University Rajouri on 05 October 2015. Any student who has any issues including Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session.

Dean

School of Management Studies

BGSB University Rajouri



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

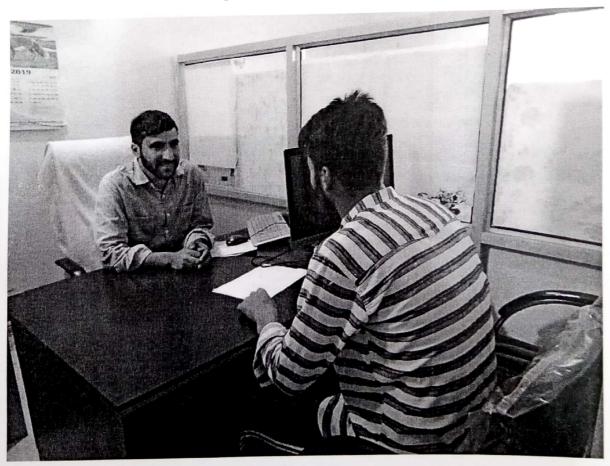
Baba Ghulam Shah Badshah University, Rajouri-J&K

REPORT OF PERSONAL COUNSELING (2015-2016)

Ref. No: PGSMS/222 Dated: 07/10/2015

A personal counseling was organized in The School of Management Studies, BGSB University Rajouri on 05 October 2015. The several issues that were proposed to be addressed were Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship/Societal Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session. A considerable number of students attended the session and later some individual discussions with students pertaining to their issues were also deliberated.

Counseling Session 2015-2016 (05-10-2015)



School of Management Studies
School of Management Rajourl
BGSE University Rajourl

The list of students who attended the session is given below:

S.NO.	ROLL NUMBER	NAME	TYPE OF COUNSELING OFFERED
1	Ubaid Ahmed Ganaie	03-MBA-15	Understanding Course Curriculum
2	Mohd Samee Bhat	4-MBA-15	high/moderate level of Stress/Anger/Anxiety
3	Sahil Nazir	5-MBA-15	high/moderate level of Stress/Anger/Anxiety
4	Taabish Jeelani Dar	7-MBA-15	Behavioral / Mood Changes (Depression)
5	Sayed Mohsin Ishaq	10-MBA-18	Understanding Course Curriculum
6	Palvi Sharma	11-MBA-15	Understanding Course Curriculum
7	Saima Nissar	13-MBA-15	Relationship/Societal Conflicts
8	Maria Khan	15-MBA-15	Behavioral / Mood Changes (Depression)
9	Uzma Fayaz	16-MBA-15	Understanding Course Curriculum
10	Asif Assadullah Rather	17-MBA-15	Adjustment in the Department
11	Syed Irfan Hussain		Behavioral / Mood Changes (Depression)
	Masoodi	18-MBA-15	
12	Mohd Rafeeq Wani	19-MBA-15	Understanding Course Curriculum
13	Showket Aziz Bhat	20-MBA-15	Adjustment in the Department
14	Mudasir Ahmad Ganaie	02-MBA-13	Understanding Course Curriculum

Dean



DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING School of Engineering and Technology, BGSB University Rajouri (J&K) – 185234

Ref no: BGSBU/SoET/ECE/17/327A

Dated 10/1/17

Report for Personal Counselling

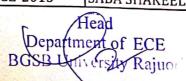
The Department of Electronics and Communication Engineering arranged Personal Counselling classes for students keeping in view the circumstances faced by each student. The circumstances of students were identified by the department and accordingly counselling was provided to them.

The response of the counselling was seen to be very good and students were strengthened to overcome such issues. The issues included personal, academic and financial problems faced by students. Eighty Five students participated in the academic year 2016-17.

Attached with this report is the list of students who have taken the counselling.

Department of ECE
BREDE Of FCErs OF Rajuori

2016-17				
. No.	Roll Number	Name of Student	Type of Counseling Offered	
	09-ECE-14	Abrik Mushtaq Aga	Financial issues	
	10-ECE-14	Sahil Nazir Pottoo	Financial issues	
	11-ECE-14	Wajid Zahoor Manhas	Financial issues	
	12-ECE-14	lqra Farooq	Financial issues	
	15-ECE-14	Muneer Ahmad Dar	Academic issues	
,	16-ECE-14	Rahul Sharma	Academic issues	
3	17-ECE-14	Faheem Farooq Bhat	Academic issues	
,	18-ECE-14	Qurat Ul Ain	Academic issues	
10	21-ECE-14	Afnan Gulzar Khan	Personal issues	
11	22-ECE-14	Arindam Katyal	Personal issues	
12	23-ECE-14	Safeer Ahmed	Personal issues	
13	24-ECE-14	Harish Kumar Bhardwaj	Personal issues	
	25-ECE-14	Nasir Ahmad Tali	Academic issues	
14	26-ECE-14	Mohit Kumar Dutta	Academic issues	
15	29-ECE-14	Atuf Mahmood Adil Bhatti	Academic issues	
16	30-ECE-14	Awais Shabir	Academic issues	
17	31-ECE-14	Atif Zahoor	Personal issues	
18	33-ECE-14	Aquib Zahoor	Financial issues	
19	34-ECE-14	Mohd Israr	Financial issues	
20	35-ECE-14	Mohd Mudassar	Financial issues	
21	38-ECE-14	Umer Farooq	Financial issues	
22	39-ECE-14	Kanu Priya	Academic issues	
23	40-ECE-14	Sohrab Khan	Academic issues	
24	01-ECE-2015	IRFAN AHMAD	Academic issues	
25	02-ECE-2015	ZAKIR RASHID WAGAY	Academic issues	
26	03-ECE-2015	ASIF RASHID KHANDI	Personal issues	
27	04-ECE-2015	QAISAR AHMAD BHAT	Personal issues	
28	05-ECE-2015	INSHA MANZOOR	Personal issues	
29	06-ECE-2015	UMAIR KAISER	Personal issues	
30	07-ECE-2015	AFFREEN AIJAZ	Academic issues	
31	08-ECE-2015	ABHISHEK SHARMA	Financial issues	
32	09-ECE-2015	MAROOF BASHIR BHAT	Financial issues	
33	10-ECE-2015	ANDLEEB JAN	Financial issues	
34	11-ECE-2015	MAJID IRFAN BABA	Financial issues	
35	12-ECE-2015	MOHAMMAD MURTAZA	PA Academic issues	
36	13-ECE-2015	MOHMMAD ASIF MALIK		
37	14-ECE-2015	QURAT UL AIN	Academic issues	
38	15-ECE-2015	SHAHBAZ FAYAZ	Academic issues	
39	16-ECE-2015	AADIL ALI MALIK	Personal issues	
40	17-ECE-2015	NAIRA NAFEES		
41	18-ECE-2015	UMMER RASHID DAR	Personal issues	
42	19-ECE-2015	FAYAZ AHMAD GANAI	Personal issues	
43	20-ECE-2015		Personal issues	
44		AMIR AHMED MIR	Academic issues	
45	21-ECE-2015	MOHD TABISH	Academic issues	
	22-ECE-2015	MOHD YASSER ARFAT	Academic issues	
46	23-ECE-2015	ZULIFKAR ALI	Academic issues	
47	24-ECE-2015	WASEEM AHMED KHAN	Personal issues	
48	25-ECE-2015	SABA SHAKEEL RAINA	Financial issues	



	10000000000000000000000000000000000000		
49	26-ECE-2015	GHULAM MUSTAFA	Financial issues
50	27-ECE-2015	AZHAR CHOUDHARY	Financial issues
51	28-ECE-2015	REEFAT CHOUHAN	Financial issues
52	29-ECE-2015	ANAYAT ULLAH CHOUDHA	Academic issues
53	30-ECE-2015	MOHD SHAFIQ	Academic issues
54	31-ECE-2015	KAMRAN AIJAZ NAIK	Academic issues
55	32-ECE-2015	SOHAIL MIRZA	Academic issues
56	33-ECE-2015	IFTHIKAR GANI	Personal issues
57	34-ECE-2015	ATIQ AHMED	Personal issues
58	35-ECE-2015	ASHUTOSH GUPTA	Personal issues
59	36-ECE-2015	MOHD RAFIK	
60	37-ECE-2015	INTKHAB ALI	Personal issues
61	38-ECE-2015	SOHA MAQBOOL BHAT	Academic issues
62	39-ECE-2015	HAROON RASHID KHAN	Financial issues
63	40-ECE-2015	MASTAN ALI SHAH	Financial issues
64	41-ECE-2015	LALIT NARAYAN	Financial issues
65	42-ECE-2015	SHAJA UL ISLAM	Financial issues
66	43-ECE-2015	MOHD JAVED	Academic issues
67	44-ECE-2015	WAJAHID ASLAM	Academic issues
68	45-ECE-2015	SYED RUHULLAH RIZVI	Academic issues
69	46-ECE-2015	UMAIR YOUNES	Academic issues
70	1-ECE-16		Personal issues
71	2-ECE-16	MAGRAY ABRAR HASSAN SALMA YAQOOB	Personal issues
72	3-ECE-16	OWAIS RASHID	Personal issues
73	4-ECE-16	ARSHEEN	Personal issues
74	5-ECE-16		Academic issues
75	6-ECE-16	AIJAZ UL HAQ GOJAR CHOH	Academic issues
76	7-ECE-16	ATHER JAMEEL SHAH PEEI SADAF BASHIR	
77	8-ECE-16	ARSALAN	Academic issues
78	9-ECE-16	2.112	Personal issues
79	10-ECE-16	MINIERE PAGINE	Financial issues
80	11-ECE-16		Financial issues
81	12-ECE-16	D	Financial issues
82	13-ECE-16		Financial issues
83	15-ECE-16	USHAB FEROZ	Academic issues
84	17-ECE-16		Academic issues
85	18-ECE-16	MEHVISH JAN	Academic issues
03	10-505-16	ROZIA RAZAQ	Academic issues
-			
July Co. II			

Head of ECE
Department of ECE

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

Date:

		111. 140/1 ax 140	01702-241010
No. BGSBU/DCS	E//		

Report of personal counselling for the Department of Computer

Science and Engineering

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE//	Date:

Batch (2016-2017)

S. No.	Content	Page No.
1.	List of student attended personal counseling	19
2.	Personal Counseling Report	21

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/14/69

Date: 09/06/2017

The Dean SoET, BGSB University, Rajouri (J&K)

Subject: List of Student Attended Personal Counseling During 2016-17.

Sir,

We want to bring into your kind notioce that the department of Computer Science and Engineering has successfully conducted the personal counselling for the students of CSE. The personal counseling was given to the following students by the internal faculties of the department.

Roll No.
01-CSE-2015
02-CSE-2015
07-CSE-2015
08-CSE-2015
09-CSE-2015
10-CSE-2015
11-CSE-2015
14-CSE-2015
16-CSE-2015
17-CSE-2015

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE//	Date:

11	Khalid Javaid Mir	21-CSE-2015
12	Raja Tawseef Ahmad Mir	22-CSE-2015
13	Himanshu Sudan	23-CSE-2015
14	Syed Mohd Vaqar Gillani	32-CSE-2015
15	Insha Yousuf	37-CSE-2015
16	Abrar Ahmed Raza	38-CSE-2015

HoD

Heal

Department CSE, BGSBU Rajouri

Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/ 17 / 68

Date: 03/06/2017

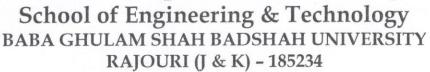
Personal Counselling Report

(2016-17)

The department of Computer Science and Engineering has successfully provided the personal counselling during the year, 2016-17, on different aspects of day- to-day life, in which 16 students of CSE participated. The various sessions were conducted by Mr. Khalil Ahmed, Mr. Amit Dogra, Mr. Taseem Nazir, and Mrs. Rukhsana Thakur, internal faculties of the department. The purpose of the counselling is too aware the students related to important aspects like, drug addiction, social responsibilities, child labour, gender equality, and future career. The faculties encourage environmental changes in student's community that promote recovery such as reducing the number of alcoholic beverages and holding alcohol-free recreational events. Moreover, faculties also emphasis on social responsibilities of students in building nation. Social and cultural factors play an important role in initiation, maintenance and therapeutic intervention of drug-abuse. In addition to that, student career guidance with the help of professionals can help them to target right career path. The students really appreciated the guidance provided by the different faculties of the department in improving their way of thinking and vision related to their future.

HoDlead

Department CSE, SOL.



Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE//	Date:

Report of personal counselling for the Department of Computer

Science and Engineering

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No	BGSBU	/DCSE	/ /	
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D.		
Date:		
Date.		

Batch (2017-2018)

S. No.	Content	Page No.
1.	List of student attended personal counseling	24
2.	Personal Counseling Report	

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/ 18 /20 55

Date: 01-06-2018

The Dean SoET, BGSB University, Rajouri (J&K)

Subject: List of Student Attended Personal Counseling During 2017-18.

Sir,

The department of Computer Science and Engineering has successfully conducted the personal counselling for the students of CSE. The personal counseling was provided to the following students by the internal faculties of the department.

S.No.	Name	Roll No.
1.	Irfan Nayeem	01-CSE-2016
2.	Aabid Hussain Mir	02-CSE-2016
3.	Inam Ul Haq	03-CSE-2016
4.	Hayfa Hassan	04-CSE-2016
5.	Mohsin Manzoor	05-CSE-2016
6.	Zahid Hussain	06-CSE-2016
7.	Umer Firdous Soliya	07-CSE-2016
8.	Jamshid Khaliq	08-CSE-2016
9.	Bisma Mashood	9-CSE-2016
10.	Sofi Surraya	10-CSE-2016



School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/	1	
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Date:_____

11.	Muzamil Fayaz	11-CSE-2016
	Faisal Firdous	12-CSE-2016
12.	Mateen Ahmad	13-CSE-2016
13.		14-CSE-2016
14.	Javaid Ahmad Wani	15-CSE-2016
15.	Aarif Ramzan Teeli	19-CSE-2016
16.	Suhail Yusuf	
17.	Rizwan Yousuf	20-CSE-2016
	Fazil Shafi Bhat	21-CSE-2016
18.	Naveed Ul Islma	22-CSE-2016
19.	Aqail Rasool Wani	23-CSE-2016
20.	Kashan Jamsheed Rafiqi	24-CSE-2016
21.		25-CSE-2016
22.	Wasaaf Hussain	26-CSE-2016
23.	Raheel Hassan Sofi	
24.	Shifa Shah	27-CSE-2016
25.	Malik Muzamil	28-CSE-2016
	Tabasum Rahim	29-CSE-2016
26.	Mohd Haseeb Dar	30-CSE-2016
27.	Arjumand Manzoor	31-CSE-2016
28.		36-CSE-2016
29.	Tabasum Rafiq	37-CSE-2016
30.	Irfan Hmaid	- X
31.	Umer Gull	38-CSE-2016

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School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:_____

32.	Mariya Hassan Lone	39-CSE-2016
33.	Mohd Rameez	41-CSE-2016
34.	Mushtaq Ahmed	42-CSE-2016
35.	Shivam Abrol	43-CSE-2016
36.	Nagina Koser	44-CSE-2016
37.	Nayama Bano	45-CSE-2016
38.	Azhar Abass Malik	46-CSE-2016
39.	Haroon Nisar Mir	47-CSE-2016
40.	Shoaib Shabir	01-CSE-2015
41.	Mir Murtaza Ali	02-CSE-2015
42.	Syed Zoofa Rufai	07-CSE-2015
43.	Aabid Farooq	08-CSE-2015
44.	Abid Bashir Dar	09-CSE-2015
45.	Basharat Ellahi	10-CSE-2015
46.	Rifahet Rashid Dar	11-CSE-2015
47.	Zulufkar Majeed	14-CSE-2015
48.	Muddassir Ahmad Shah	16-CSE-2015
49.	Nisar Ahmad	17-CSE-2015
50.	Khalid Javaid Mir	21-CSE-2015
51.	Raja Tawseef Ahmad Mir	22-CSE-2015
52.	Himanshu Sudan	23-CSE-2015

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016 No. BGSBU/DCSE/___/

Date:____

53.	Syed Mohd Vaqar Gillani	32-CSE-2015
54.	Insha Yousuf	37-CSE-2015
55.	Abrar Ahmed Raza	38-CSE-2015
56.	Haroon Rashid Lone	01-CSE-2014
57.	Arselan Ashraf	02-CSE-2014
58.	Moazam Farhan Banday	03-CSE-2014
59.	Seyed Muzaffar	04-CSE-2014
60.	Sidrah Fayaz	05-CSE-2014
61.	Shozy Jan	06-CSE-2014
62.	Ovais Altaf	07-CSE-2014
63.	Saboor Ahmad Koul	09-CSE-2014
64.	Prince Zahid	10-CSE-2014
65.	Zahid Iqbal	11-CSE-2014
66.	Zubair Fayaz	12-CSE-2014
67.	Saleem Rashid Aga	15-CSE-2014
68.	Umaira Ahad	16-CSE-2014
69.	Anayat Ullah Iqbal	20-CSE-2014
70.	Najam Us Saqib	21-CSE-2014
71.	Asif Rehman	22-CSE-2014
72.	Saaid Zargar	23-CSE-2014
73.	Akther Rashid Mir	29-CSE-2014



School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No.	. BGSBU/DCSE//	
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Date:	
Date.	

74.	Rahila Ayoub	30-CSE-2014
75.	Aqleem Makhdoomi	31-CSE-2014
	Haris Shafi Malik	33-CSE-2014
76.	Z 1 1 A 1 Chang	34-CSE-2014
77.	Zahid Aslam Shora	47.00
78.	Syed Aijaz Mumtaz	39-CSE-2014
79.	Sohail Aziz	40-CSE-2014
80.	Saqiba Farooq	41-CSE-2014
81.	Rukhsar Begum	42-CSE-2014
82.	Sahil Abass Mir	43-CSE-2014
83.	Sofia Andleeb	44-CSE-2014
	Umar Farooq	45-CSE-2014
84.	Wajid Amin	46-CSE-2014
85.		47-CSE-2014
86.	Mavash Malik	
87.	Tahir Aziz	48-CSE-2014
88.	Vishal Sharma	49-CSE-2014
89.	Junaid Ul Islam	51-CSE-2014
90.	Aafreen Rashid	52-CSE-2014

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School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/19/267

Date: 05-66-18

Personal Counselling Report

(2017-18)

The department of Computer Science and Engineering has successfully provided the **Personal Counselling** during the year, 2017-18, on different aspects of day-to-day life, in which 90 students of CSE participated. The various sessions were conducted by Mr. Khalil Ahmed, Mr. Amit Dogra, Mr. Taseem Nazir, Mrs. Jasleen Kour, Mr. Prabal Verma, Mr. Sparsh Sharma, Mrs. Rukhsana Thakur, internal faculties of the department. The purpose of the counselling is to aware the students related to important aspects like, drug addiction, social responsibilities, women empowerment, child labour, health and hygiene, secularism, and future career. The faculties encourage environmental changes in student's community that promote recovery such as reducing the number of alcoholic beverages and holding alcohol-free recreational events. Moreover, faculties also emphasis on social responsibilities of students in building nation. Social and cultural factors play an important role in initiation, maintenance and therapeutic intervention of drug-abuse. In addition to that, student career guidance with the help of professionals can help them to target right career path. The students really appreciated the guidance provided by the different faculties of the department in improving their way of thinking and vision related to their future.

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School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

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Date:_



Personal Counselling during 2017-18

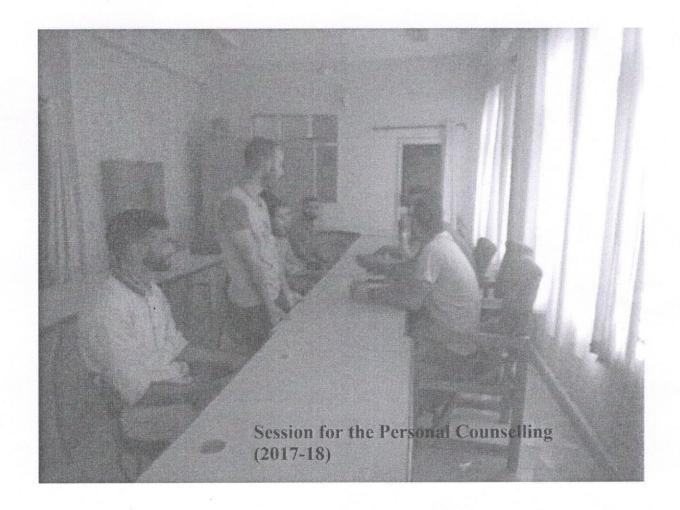


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

RAJOURI (J & K) - 18523 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:____



Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:____



Session of Personal Counselling in CSE Department (2017-18)

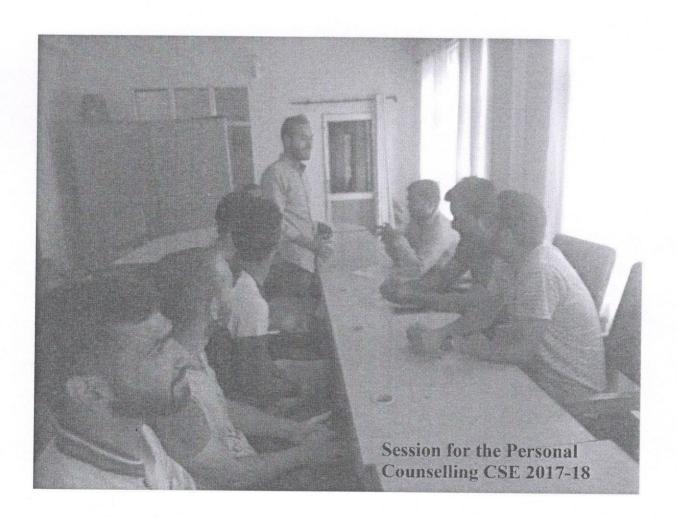


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

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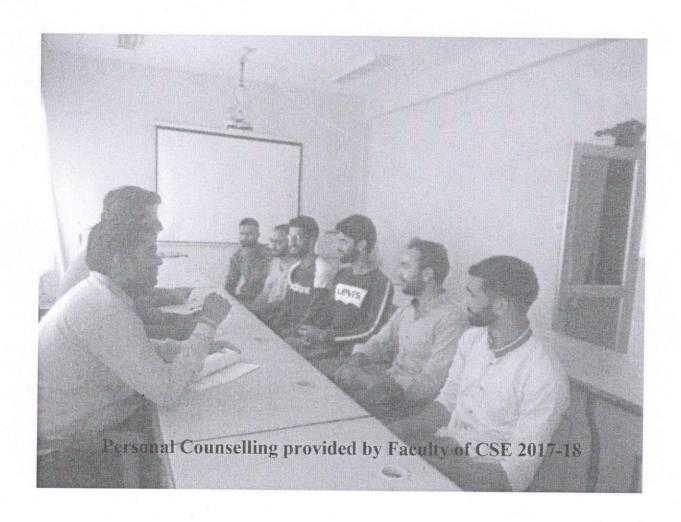


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

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Date:_____



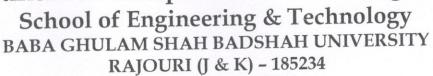
School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

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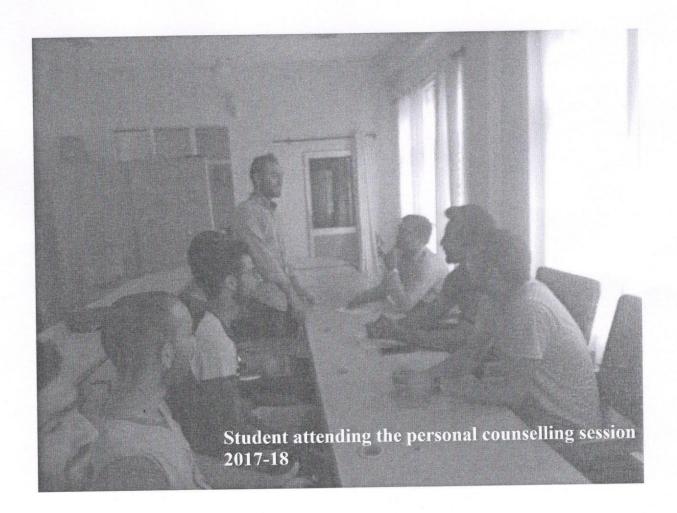




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School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

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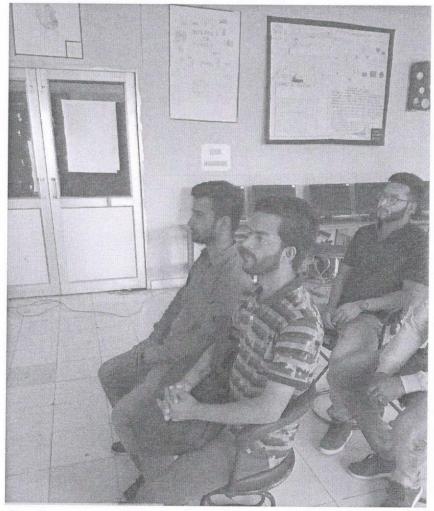


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016 No. BGSBU/DCSE/___/

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Student attending session of personal councelling in CSE (2016-17)



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Department of Information Technology and Engineering

Notice

It is for the information of all B.Tech students of department of Information Technology Engineering that a Personal counselling sessions will be conducted for the students of the department. The Sessions will be held on 21/Feb/2017 at the department ITE lab1. The students who seeks to have a personal counselling session may come between 12:00 - 4:30 pm.

Mr Nikhil Gupta will coordinate the sessions and all faculty of the department will be available to the students for the personal sessions.

Department of ITE,

BGSBU H.O.D

ITE, SOET

BGSB University, Rajouri (J&K)

Copy to

- 1. Dean Engineering
- 2. All faculty of ITE
- 3. Office file



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

EVENT REPORT: Personal Counselling Sessions on 21/Feb/2017

Personal counselling helps individuals to better understand the specific concern they are experiencing, identify their strengths and to determine the directions they need to take in order to address the concern. With this goal department of Information Technology and Engineering held a personal counselling session for all students of the department.

The Sessions coordinated by Mr Nikhil Gupta on 21/Feb/2017. The event started 12:00 noon with talk on Stress and anxiety: How to deal by Mr. Malik Mubasher Hassan. After that student consulted various faculties of the department for personal sessions. The common issues discussed by students were difficulties in self-esteem and/or identity, stress, anger, family issues, physical health issues, personal loss, interpersonal difficulties, emotional problems, balancing professional and personal priorities, depression/depressed mood, anxiety, adjustment/transition, homesickness, attention difficulties, disordered eating habits, problems with sleep.

Thirty (30) students participated in the personal session during the event.





School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Attendance Record: 21/Feb/2017

DEPARTMENT OFINFORMATION TECHNOLOGY AND ENGINEERING SCHOOL OF ENGINEERING AND TECHNOLOGY (BGSBU) Dated: S.No. Roll No. Name Signature 1 01-ITE-17 ASLAN RASOOL DAR ALLOW TO THE SIGNATURE TO



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

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50	13-ITE- 15	DAHERAL !
08)	09-116-15	drapa)
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U	31-ITE-1	
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13	03-ITE-15	Al sory
щ.	17-ITE-15	Out of a
15.	21-176-15	(4)
16.	15-176-15	A'amiall
17.	05-17E-15	9 James
10.	14-115-15	Ruges
19.	30-178-15	Smeek
20.	08-ITE-15	Duisan
21.	12- TTE - 1S	Cody
22.	06-ITE-015	The state of the s
23.	22-ITE-15	Ass.
24.	10-178-15	The harres
25	26-ITE-15	M.i. haar

Department of Civil Engineering, SOET Baba Ghulam Shah Badshah University, Rajouri (J & K)

Ref. No:BGSBU/CoET/CE/16/0/3

Date: 20-1-2017

Personal Counseling Report: 2016-17 Academic Year

16

Frustrations are part of everyone's life from time to time. Personal counseling can help you to understand and confront the challenges you face. Personal counseling provides an opportunity to explore your concerns in a supportive and non-judgmental environment.

Psychotherapy concerns mental health and help clients heal, grow and move toward more productive, psychologically healthy lives. Skills of warmth, friendliness, openness and empathy are ingredients of successful counseling process. Counselor has to listen attentively, answer question objectively and reinforce important information. Maintaining dignity of individual as individual is primary concern in counseling.

The goal of counseling is to enable the individual to make critical decisions regarding alternative courses of action without outside influence. Counseling helps individuals obtain information, and to clarify emotional concerns that may interfere with or be related to the decisions involved.

The Civil Engineering department of School of Engineering & Technology, BGSB University is always aware of the students' issues. Caring of students problems, making mentally strong for future endeavours are equally emphasized with the academics. Students undergoes a three week Induction Program at the beginning of their course, so that they can easily adjust with the BGSBU community and its environment. A faculty and a senior student is engaged as mentor for every 20 students at their first year though an overall counselor is engaged for a batch. Mr. Pervez Alam, a senior faculty has been engaged as counselor for the academic year 2016-17. Total 100 students have been identified for special attention in this academic year. We provide personal counseling for individuals or couples to help with problems such as:

- Anxiety
- Relationship issues

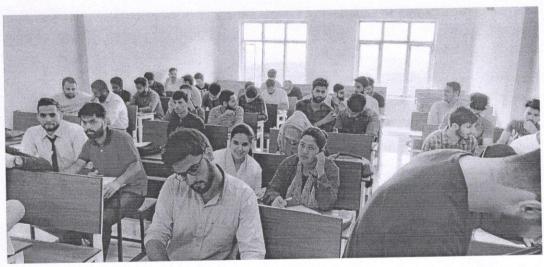
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- Sexuality and sexual identity
- Eating and body image problems
- Homesickness and difficulty adjusting to the university

After all, our aim is to provide an opportunity to work towards living more satisfyingly and resourcefully. Counseling is the skilled and principled use of relationship to facilitate self-knowledge and the optimal development of personal resources.

Some photos have been attached of consulting moments with students--



Date: 14th August 2016, during Personal counseling time



Date: 12th January 2017, during personal interaction time

Head
Of civil Engineering
Head
Of civil Engineering
Head
Officersity, Rajouri

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Attached List of students who have taken counseling session 2016-2017

S.no	ned List of students who have taken Name	Roll No	Type of Counseling
1.	AAQIB RASHID PIR	01-CE-2015	Personal Counseling
2.	SHAHEEN YOUSUF ZARGER	02-CE-2015	Personal Counseling
3.	NASIR MAQBOOL	03-CE-2015	Personal Counseling
4.	TANISH SHARMA	04-CE-2015	Personal Counseling
5.	TAFAZUL QAYOOM	05-CE-2015	Personal Counseling
6.	MOHIT SHARMA	06-CE-2015	Personal Counseling
7.	WAQAR AHMED	07-CE-2015	Personal Counseling
8.	FARHAN MAQBOOL KHAWAJA GANAI	08-CE-2015	Personal Counseling
9.	AADIL AHMAD GANIE	09-CE-2015	Academic Counseling
10.	KESHAV LANGER	10-CE-2015	Academic Counseling
11.	MOHD AQIB	11-CE-2015	Academic Counseling
12.	HASHMAT MAQBOOL	12-CE-2015	Academic Counseling
13.	AARIF NASEER SHEIKH	13-CE-2015	Academic Counseling
14.	SHEIKH FASAL	14-CE-2015	Academic Counseling
15.	ZAFFAR ABAS SEH	15-CE-2015	Academic Counseling
16.	NAJAM US SAQAB	16-CE-2015	Academic Counseling
17.	GOUSIA JABAR SHEIKH	17-CE-2015	Academic Counseling
18.	YAMEEN RAJA	18-CE-2015	Academic Counseling
19.	MOHAMMED UMER HANIEF	19-CE-2015	Academic Counseling
20.	TAJAMUL ROUF	20-CE-2015	Personal Counseling
21.	AADIL BASHIR	21-CE-2015	Personal Counseling
22.	WAQAR HUSSAIN SHAH	22-CE-2015	Personal Counseling
23.	SHAHID MUSHTAQ MIR	23-CE-2015	Personal Counseling
24.	MOHAMMAD ABDUR REHMAN MAJID	24-CE-2015	Personal Counseling
25.	IRFAN ALI SHAH	25-CE-2015	Personal Counseling
26.	RAYEES AHMAD HAJAM	26-CE-2015	Personal Counseling
27.	SEERAT RASOOL	27-CE-2015	Personal Counseling
28.	VINAY PAZADA	28-CE-2015	Personal Counseling
29.	MOHD QASIM CHOUDHARY	29-CE-2015	Personal Counseling
30.	MOHD ARIF	30-CE-2015	Academic Counseling
31.	RAJA MOHD IRFAN KHAN	31-CE-2015	Academic Counseling
32.	MONIB AHMED	32-CE-2015	Academic Counselin
33.	AKASH DEEP	33-CE-2015	Personal Counseling
34.	MOHAMMAD IQBAL	34-CE-2015	Personal Counseling
35.	MOHD NISSAR	35-CE-2015	Personal Counseling
36.	IMTIAZ AHMED	36-CE-2015	Personal Counseling
37.	SOHAIL ASGER	37-CE-2015	Personal Counseling
38.	ARUN KUMAR	38-CE-2015	Personal Counseling
39.	MOHLIQA SHAH	39-CE-2015	Personal Counseling

	TAIZ MONAMINIAD KHAN	44-CE-2014	Personal Counseling
31.	SAIMA ISHTIYAQ S/O ISHTIYAQ HUSSAIN BHAT FAIZ MOHAMMAD KHAN	43-CE-2014	Personal Counseling
79.	ZAHID HUSSAIN S/O QAMAR DIN	42-CE-2014	Personal Counseling
78.	BEENISH HAMDANI S/O RIFAT PARVEEN	41-CE-2014	Personal Counseling
77.	IRFAN AHMAD MALIK S/O FAROOQ AHMAD MALIK	40-CE-2014	Academic Counseling
76.	Vivek Kanchru	46-CE-2014	Academic Counseling
75.	Jahangir Mihraj	76-CE/L-16	Academic Counseling
74.	Arfan Ahmed	75-CE/L-16	Academic Counseling
73.	Mohd Awais Qarni	74-CE/L-16	Academic Counseling
72.	Waseem Ul Bashir	73-CE/L-16	Personal Counseling
	Fahad Ali Wani	72-CE/L-16	Personal Counseling
71.	MOMIN BAIGH	34-ERE/71-CE-2015	Personal Counseling
70.	SABA SHAKEEL RAINA	25-ECE/70-CE-15	Academic Counseling
59.	Sobia Kosser	69-CE-2015	Academic Counseling
58.	AAKASH SHARMA	68-CE-2015	Academic Counseling
57.	MOHD OMAR BHAT	67-CE-2015	Academic Counseling
56.	VISHAV GUPTA	66-CE-2015	Academic Counseling
55.	ISRAR CHOUDHARY	64-CE-2015	Academic Counseling
54.	MOHD ASIF	63-CE-2015	Academic Counseling
53.	NIKHIL SHARMA	62-CE-2015	Academic Counseling
52.	SAHIL CHOUDHARY	61-CE-2015	Academic Counseling
61.	VANISH CHANDAN	60-CE-2015	Academic Counseling
60.		59-CE-2015	Academic Counseling
59.	SYED SARMAD	58-CE-2015	Academic Counseling
58.	QESAR PERVAIZ	57-CE-2015	Personal Counseling
57.	WAQAR ASHFAQ GUFTAR AHMAD	56-CE-2015	Personal Counseling
56.		55-CE-2015	Personal Counseling
55.	HEMANT BAHRI	54-CE-2015	Academic Counseling
54.	UMAR RASOOL NAIKOO NASIR HAMEED RESHI	53-CE-2015	Academic Counseling
53.	ABRAR AHMED	52-CE-2015	Academic Counseling
52.	RACHIT MAGOTRA	51-CE-2015	Academic Counseling
51.	ADNAN MEHRAJ	50-CE-2015	Academic Counseling
50.	ANNAM TANVEER	49-CE-2015	Academic Counseling
49.	ABDUL MAJID NAJAR	48-CE-2015	Academic Counseling
48.	SAJID NASEER	47-CE-2015	Academic Counseling
47.	KUMAIL MUSTHAQ	46-CE-2015	Academic Counseling
46.	MRIDUL GUPTA	45-CE-2015	Academic Counseling
45.	ADIL RAFIQ CHASTI	44-CE-2015	Academic Counseling
44.	WAQAR AHMED	43-CE-2015	Personal Counseling
43.	SHEIKH SUHAIL HAMEED	42-CE-2015	Personal Counseling
42.	ZAIN UL ABDIN MUGHAL	41-CE-2015	Personal Counseling
41.		40-CE-2015	Personal Counseling
40.	NAJEEB AHMED		

	S/O NISAR AHMAD KHAN		
82.	ATIF ALI CHOWDHARY S/O		Personal Counseling
	GHULAM NABI	45-CE-2014	The state of the s
83.	VIVEK KANCHRU	47.07.00	Personal Counseling
	S/O BODH RAJ	47-CE-2014	The second courseling
84.	SARWAT QURESHI	10.05.004	Personal Counseling
	S/O HAFIZ ULLAH QURESHI	48-CE-2014	
85.	BILAL AHMED	40 CF 2044	Personal Counseling
	S/O MANZOOR HUSSAIN	49-CE-2014	
86.	ILYAS MEHDI TAK	FO CF 2044	Academic Counseling
	S/O NASAR HUSSAIN TAK	50-CE-2014	
87.	SAQLAIN HAIDER MIR S/O	F4 6F 2044	Academic Counseling
	GHULAM MOHD MIR	51-CE-2014	
88.	IYNAIN ALTAF	F2 CF 2044	Academic Counseling
	S/O SAYED MIR ALTAF	52-CE-2014	
89.	ARIF JAVEED WANI S/O	E2 CE 2044	Academic Counseling
100	SHAGUFTA BEGUM	53-CE-2014	
90.	KHALID MEHRAJ	E4 CE 2014	Academic Counseling
-	S/O NASEEMA BANO	54-CE-2014	
91.	FARQAN AHMED KHAN	55-CE-2014	Academic Counseling
00	S/O FARQAN AHMED KHAN	JJ-CE-2014	
92.	MOHAMMAD ROHID		Academic Counseling
	MANZOOR	56-CE-2014	
	S/O MANZOOR AHMAD	30-CL-2014	
02	ZARGAR		
93.	AABID RAHMAN LONE S/O	57-CE-2014	Academic Counseling
0.4	SALEEMA BAGUM	57 CL-2014	
94.	SYED UMAIR QADRI S/O		Personal Counseling
	SAYED ALTAF HUSSAIN	58-CE-2014	
95.	QADRI		
55.	ZAHID ALI KHAN	59-CE-2014	Personal Counseling
96.	S/O ALI MOHAMMAD KHAN		
50.	IMRAN FAROOQ MIR S/O	60-CE-2014	Personal Counseling
97.	FAROOQ HUSSAIN MIR MOHD ADIL BHAT		
		C4 OF 2211	Academic Counseling
	S/O GHULAM MOHAMMAD BHAT	61-CE-2014	
98.	MOHD ALI SHADAB S/O		
-	KHAKAN HUSSAIN SHAH	62-CE-2014	Academic Counseling
9.	UMER MANZOOR ZARGAR		
-	S/O MANZOOR AHMAD	C2 CE 2044	Academic Counseling
	ZARGAR	63-CE-2014	
.00.	ABID HUSSAIN LONE S/O		A - I - I - I
	MOHD YOUSF LONE	64-CE-2014	Academic Counseling





DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/SoET/ERE/16 438

Dt. 06-12-2016

The Dean SoET, BGSB University, Rajouri,

Sub: - Report of personnel Counseling

Respected Sir,

During odd semester (session 2016-17) Faculty members of ERE department have analysed the response of students in classrooms while delivering lectures and results of internal assessments tests being conducted during the current semester courses and also have identified the students who require special attention for enhancing their personality, tackling personal issues and improving academic performances. After completion of identification process different faculty members were allotted to different group of students who would provide personal counselling to these students.

List of students along with allotted faculty member against Personal Counseling:

S.No.	Roll No.	Name	Faculty Mentor
1	04-ERE-13	WASEEM AHMAD BABA	
2	05-ERE-13	MOIN IMTIYAZ	
3	06-ERE-13	MUSAIB AYOUB	
4	07-ERE-13	FAYIZ MANZOOR	
5	10-ERE-13	MANZOOR AHMAD WAGAY	Mr. Mohd lahal Dan
6	11-ERE-13	NASEEM AHMAD BHAT	Mr. Mohd Iqbal Dar
7	12-ERE-13	AAMIR NAZIR	
8	13-ERE-13	SHOWKET AHMAD KHAN	
9	14-ERE-13	RIFAT ULLAH BHAT	
10	18-ERE-13	MEHTAB AHMED	
11	22-ERE-13	NASIR FAROOQ KHAN	
12	23-ERE-13	ZARKA MIRZA	
13	24-ERE-13	ARFAN AHMED LONE	
14	25-ERE-13	ASID NISSAR	
15	26-ERE-13	HAQ NAWAZ CHOUDHARY	Miss. Monika Kuloo
16	34-ERE-13	MIR UBAID RAFIQ	
17	35-ERE-13	HENAN SADIQ	
18	36-ERE-13	SHAKIR HUSSAIN WANI	
19	39-ERE-13	ISHTYAQ CHOWDHARY	



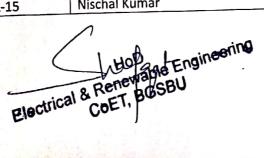


DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/SoET/ERE/16 938

Dt. 06-12-2016

20	40-ERE-13	SUHAIB RAFI	
21	43-ERE-13	FAIZAN KHURSHID SHAH	
22	44-ERE-13	IHTISHAM HUSSAIN	
23	45-ERE-13	ISHTIAQ AHMED	
24	46-ERE-13	SOHAIB GAYAS	
25	47-ERE-13	RUQAYA MOHI U- DIN	Miss. Fouzia Reyaz
26	50-ERE-13	SARFRAZ AHMED	
27	51-ERE-13	ZAKIR HUSSAIN BHAT	
28	55-ERE-13	ISHTIYAQ HUSSAIN	
29	56-ERE-13	SHUGUFTA YOUSUF	
30	57-ERE-13	WASEEM BASHIR	
31	03-ERE-14	Aaqib Amin	
32	04-ERE-14	Faheem ul Haq	
33	05-ERE-14	Muzaffar Ahmed Shah	
34	06-ERE-14	Saima Yaqub	Mr. Tasaduq Hussain
35	09-ERE-14	Mir Arjumand	
36	10-ERE-14	S ayaz Ahmed	
37	15-ERE-14	Wasim Ashraf	
38	16-ERE-14	Akhter UL Islam	
39	26-ERE-14	Irfan Chowdhary	
40	27-ERE-14	hassan Sayed	
41	28-ERE-14	Mohd Mujtaba Khan	
42	32-ERE-14	Rahul Kumar Bhagat	NA Shefest Nobi Mugha
43	33-ERE-14	Fayaza Fayaz	Mr.Shafqat Nabi Mugha
44	34-ERE-14	Junaid Farooq	
45	37-ERE-14	Sameera Aijaz	
46	38-ERE-14	Faiza Tabassum	
47	40-ERE-14	Sayed Umer Jan	
48	42-ERE-14	Danish Shabir	
49	43-ERE-14	Mohd Asif	
50	44-ERE-14	Sheikh Hilal Nazir	
51	48-ERE-14	Tanveer Ahmed	Mr.Neetan sharma
52	49-ERE-14	Mohammad Fadeel	
53	50-ERE-/L-15	Junaid Nazir	
	51-ERE/L-15	Faisal Malik	
54 55	52-ERE/L-15	Nischal Kumar	





DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/SoET/ERE/16 928

Dt. 06-12-2016

56	03-ERE-15	Mohammad Nayeem	
57	04-ERE-15	Basharat Gulshan Lone	
58	05-ERE-15	ishfaq Bashir Khan	
59	06-ERE-15	Mir Abdul Manan	Mr.Malik Younis
60	07-ERE-15	Arif Ahmad Parry	
61	13-ERE-15	Afnan Qayoom	
62	15-ERE-15	Younes Farooq	
63	20-ERE-15	Adnan Hamid	
64	26-ERE-15	Yasir Ali	
65	27-ERE-15	Malik Yasir Shamim	
66	28-ERE-15	Mohammad Usman Wani	
67	29-ERE-15	Naseem Ahmed	
68	31-ERE-15	Saqib Ashraf Chopan	Mr.Sartaj singh
69	33-ERE-15	Asif Iqbal	
70	35-ERE-15	Tabasam Hafiz	
71	37-ERE-15	Shazad Ayoub	
72	40-ERE-15	Abdul Haleem	
73	46-ERE-15	Yasar Arfat	
74	47-ERE-15	Syed Ajmal Khalil	
75	48-ERE-15	Syed Muhafiz Andrabi	
76	49-ERE-15	Majid Hassan Bhat	Mr.Sartaj singh
77	50-ERE-15	Fayieez Mushtaq Shah	
78	51-ERE-15	Sehrish Manzoor Shah	
79	52-ERE-15	Ibrar Kabir Khan	
80	53-ERE-15	Shuaib Akhtar Turrey	

Sessions were organized by faculty members for these students where they provided extra notes to the weak students. In these sessions faculty members provided personnel counseling and gave motivational lectures students. A change in self-confidence and attitude of the students attending those sessions was observed in the subsequent lectures. A significant improvement in curricular and extracurricular activity of the students was a direct result of these sessions.

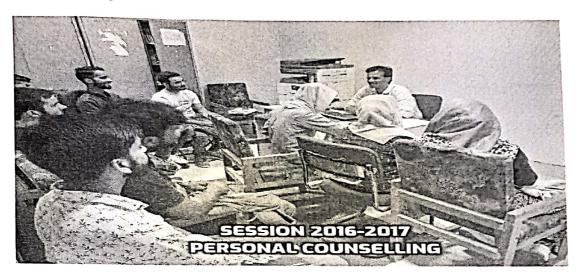
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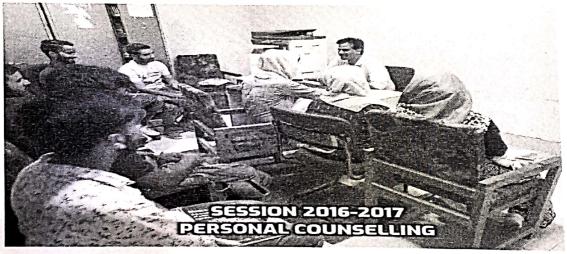


DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/SoET/ERE/16/938

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SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No. : PGSMS /300

Dated: 14/09/16

Notice

Personal Counseling Session (2016-2017)

A personal counseling session shall be organized in The School of Management Studies, BGSB University Rajouri on 26 September 2016. Any student who has any issues including Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session.

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School of Management Studies

BGSB University Rajouri



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

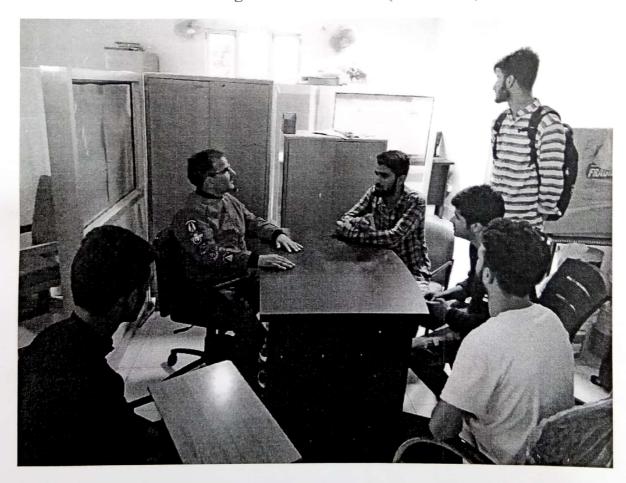
Baba Ghulam Shah Badshah University, Rajouri-J&K

REPORT OF PERSONAL COUNSELING (2016-2017)

Ref. No: PGSMS/313 Dated: 03/10/2016

A personal counseling was organized in The School of Management Studies, BGSB University Rajouri on 26 September 2016. The several issues that were proposed to be addressed were Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship/Societal Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session. A considerable number of students attended the session and later some individual discussions with students pertaining to their issues were also deliberated.

Counseling Session 2016-2017 (26-09-2016)



School BGSB University Rajours

The list of students who attended the session is given below:

S.NO.	ROLL NUMBER	NAME	TYPE OF COUNSELING OFFERED	
1	01-MBA-2016	Mir Muzamil Mustafa	Understanding Course Curriculum	
2	02-MBA-2016	Asif Hamid Malla	Understanding Course Curriculum	
3	03-MBA-2016	Asif Nazir Wani	high/moderate level of Stress/Anger/Anxiety	
4	04-MBA-2016	Aaliya Rafiq Bhat	Relationship/Societal Conflicts	
5	05-MBA-2016	Faisal Faheem Khan	Adjustment in the Department	
6	06MBA-2016	Abdul Rashid Malla	Relationship/Societal Conflicts	
7	07-MBA-2016	PZ Naseem UL Haq	Adjustment in the Department	
8	08-MBA-2016	Mohd Owais Sofi	Behavioral / Mood Changes (Depression)	
9	09-MBA-2016	Zia UL Islam	Understanding Course Curriculum	
10	10-MBA-2016	Towheeda Mehraj	Understanding Course Curriculum	
11	11-MBA-2016	Ishfaq Farooq	Understanding Course Curriculum	
12	12-MBA-2016	Arbab Quyoom	Understanding Course Curriculum	
13	13-MBA-2016	Ulfat Andrabi	Understanding Course Curriculum	
14	14-MBA-2016	Syed Saqib	Understanding Course Curriculum	
15	15-MBA-2016	Rahana Rafi	high/moderate level of Stress/Anger/Anxiety	
16	17-MBA-2016	Yasir Yousuf	Adjustment in the Department	
17	18-MBA-2016	Danish Hussain Chalak	Understanding Course Curriculum	
18	19-MBA-2016	Mir Arif Manzoor	Relationship/Societal Conflicts	
19	21-MBA-2016	Ouais Aslam	high/moderate level of Stress/Anger/Anxiety	
20	22-MBA-2016	Khan Muzamil	Adjustment in the Department	
21	23-MBA-2016	Khalid Mehraj Khuroo	Understanding Course Curriculum	
22	24-MBA-2016	Tawseef Ahmad Parray	Adjustment in the Department	
23	25-MBA-2016	Naseer Ahmed Wani	Understanding Course Curriculum	
24	27-MBA-2016	Wani Sallis Manzoor	Relationship/Societal Conflicts	
25	28-MBA-2016	Shayista Parveen	Adjustment in the Department	
26	29-MBA-2016	Tariq Ahmad Khan	Understanding Course Curriculum	
27	30-MBA-2016	Waseem Ahmed Itoo	Adjustment in the Department	

Dean

School of Management Studies
BGSB University Rajouri



DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING School of Engineering and Technology, BGSB University Rajouri (J&K) – 185234

Ref no: BGSBU/SoET/ECE/18/ 940 A

Dated_30-5-18

Report for Personal Counselling

The Department of Electronics and Communication Engineering arranged Personal Counselling classes for students keeping in view the circumstances faced by each student. The circumstances of students were identified by the department and accordingly counselling was provided to them.

The response of the counselling was seen to be very good and students were strengthened to overcome such issues. The issues included personal, academic and financial problems faced by students. Eighty Five students participated in the academic year 2017-18.

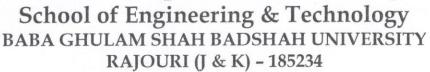
Attached with this report is the list of students who have taken the counselling.

		2017-18	
S. No.	Roll Number	Name of Student	Type of Counseling Offered
1	01-ECE-14	Muzafar Ahmad Bhat	Financial issues
2	02-ECE-14	Saqib Yaqoob	Financial issues
3	03-ECE-14	Pz M Faheem Uddin	Financial issues
4	04-ECE-14	Mohammad Asif	Academic issues
5	06-ECE-14	Sameer Ahmad Mir	Academic issues
6	07-ECE-14	Faisal Manzoor Shah	Academic issues
7	08-ECE-14	Tahir Mohammad Wani	Academic issues
8	09-ECE-14	Abrik Mushtaq Aga	Personal issues
9	10-ECE-14	Sahil Nazir Pottoo	Personal issues
10	11-ECE-14	Wajid Zahoor Manhas	Personal issues
11	12-ECE-14	Iqra Farooq	Personal issues
12	13-ECE-14	Shakir Khursheed	Academic issues
13	14-ECE-14	Mosin Gulzar Lone	Academic issues
14	15-ECE-14	Muneer Ahmad Dar	Academic issues
15	16-ECE-14	Rahul Sharma	Academic issues
16	17-ECE-14	Faheem Farooq Bhat	Personal issues
17	18-ECE-14	Qurat Ul Ain	Financial issues
18	20-ECE-14	Ishfaq Ahmad Wani	Financial issues
19	21-ECE-14	Afnan Gulzar Khan	Financial issues
20	22-ECE-14	Arindam Katyal	Financial issues
21	23-ECE-14	Safeer Ahmed	Academic issues
22	24-ECE-14	Harish Kumar Bhardwaj	Academic issues
23	25-ECE-14	Nasir Ahmad Tali	Academic issues
24	26-ECE-14	Mohit Kumar Dutta	Academic issues
25	27-ECE-14	Prince Shabir	Personal issues
26	28-ECE-14	Dikshit Kalyal	Personal issues
27	29-ECE-14	Atuf Mahmood Adil Bhatti	Personal issues
28	30-ECE-14	Awais Shabir	Personal issues
29	31-ECE-14	Atif Zahoor	Academic issues
30	33-ECE-14	Aquib Zahoor	Financial issues
31	34-ECE-14	Mohd Israr	Financial issues
32	35-ECE-14	Mohd Mudassar	Financial issues
33	36-ECE-14	Faheem Fayaz	Financial issues
34	37-ECE-14	Nowreena Altaf Nilla	Academic issues
35	38-ECE-14	Umer Farooq	Academic issues
36	39-ECE-14	Kanu Priya	Academic issues
37	40-ECE-14	Sohrab Khan	Academic issues
38	41-ECE/L-15	Aamir Nazir Wani	Personal issues
39	05-ECE-2015	INSHA MANZOOR	Personal issues
40	06-ECE-2015	UMAIR KAISER	Personal issues
41	07-ECE-2015	AFFREEN AIJAZ	Personal issues
12	08-ECE-2015	ABHISHEK SHARMA	Academic issues
43	23-ECE-2015	ZULIFKAR ALI	Academic issues
44	24-ECE-2015	WASEEM AHMED KHAN	Academic issues
45	25-ECE-2015	SABA SHAKEEL RAINA	Academic issues
46	26-ECE-2015	GHULAM MUSTAFA	Personal issues
17	27-ECE-2015	AZHAR CHOUDHARY	Financial issues
18	28-ECE-2015	REEFAT CHOUHAN	Financial issues

Head
Department of ECE
BGSB University Rajuori

49	33-ECE-2015	IFTHIKAR GANI	Financial issues
50	34-ECE-2015	ATIQ AHMED	Financial issues
51	35-ECE-2015	ASHUTOSH GUPTA	Financial issues
52	36-ECE-2015	MOHD RAFIK	Academic issues
53	37-ECE-2015	INTKHAB ALI	Academic issues
54	38-ECE-2015	SOHA MAQBOOL BHAT	Academic issues
55	39-ECE-2015	HAROON RASHID KHAN	Academic issues
56	40-ECE-2015	MASTAN ALI SHAH	Personal issues
57	41-ECE-2015	LALIT NARAYAN	Personal issues
58	26-ECE-16	MOHD ASHRAF GANIE	Personal issues
59	27-ECE-16	SUHAIL ALTAF KHANDAY	Personal issues
60	28-ECE-16	IQRA AMIN	Academic issues
61	29-ECE-16	FAZIL HUSSAIN	Academic issues
62	30-ECE-16	NAJMUS SAQIB SOHIL	Academic issues
63	31-ECE-16	FAIZAN SHAFI DARZI	Academic issues
64	32-ECE-16	MUBASHIR MAQBOOL	Personal issues
65	33-ECE-16	ADNAN SHAFI	Financial issues
66	34-ECE-16	UMMAR YOUSUF	Financial issues
67	35-ECE-16	TANVEER AHMED	Financial issues
68	36-ECE-16	JAHANZEB AHMED	Financial issues
69	37-ECE-16	SHAZAD PRINCE	Academic issues
70	38-ECE-16	HAROON RASHID	Academic issues
71	39-ECE-16	AAQIB MANZOOR	Academic issues
72	40-ECE-16	MUSHARAF CHOWDHARY	Academic issues
73	41-ECE-16	WAHEED AHMED	Personal issues
74	42-ECE-16	MOHD SOHIL	Personal issues
75	43-ECE-16	IFRAZ AHMED	Personal issues
76	30-ECE-2017	Mohd.Rashad Mehtab	Personal issues
77	31-ECE-2017	Mohit Kumar	Academic issues
78	32-ECE-2017	Aamir AhmadGanie	Financial issues
79	33-ECE-2017	Wasim Ishaq Mir	Financial issues
80	34-ECE-2017	Sharaz ahmad	Financial issues
81	35-ECE-2017	Moin Khan	Financial issues
82	36-ECE-2017	Saqib Ahmad Lone	Academic issues
83	37-ECE-2017	Raja Sohib Khan	Academic issues
84	38-ECE-2017	Talha Atif Anjum	Academic issues
85	39-ECE-2017	Rukhsar Mehmood	Academic issues
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Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE//	Date:

Report of personal counselling for the Department of Computer

Science and Engineering

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No	BGSBU	/DCSE	/ /	
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Date:		
Date.		

Batch (2017-2018)

S. No.	Content	Page No.
1.	List of student attended personal counseling	24
2.	Personal Counseling Report	

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/ 18 /20 55

Date: 01-06-2018

The Dean SoET, BGSB University, Rajouri (J&K)

Subject: List of Student Attended Personal Counseling During 2017-18.

Sir,

The department of Computer Science and Engineering has successfully conducted the personal counselling for the students of CSE. The personal counseling was provided to the following students by the internal faculties of the department.

S.No.	Name	Roll No.
1.	Irfan Nayeem	01-CSE-2016
2.	Aabid Hussain Mir	02-CSE-2016
3.	Inam Ul Haq	03-CSE-2016
4.	Hayfa Hassan	04-CSE-2016
5.	Mohsin Manzoor	05-CSE-2016
6.	Zahid Hussain	06-CSE-2016
7.	Umer Firdous Soliya	07-CSE-2016
8.	Jamshid Khaliq	08-CSE-2016
9.	Bisma Mashood	9-CSE-2016
10.	Sofi Surraya	10-CSE-2016



School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/	1	
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Date:_____

11.	Muzamil Fayaz	11-CSE-2016
	Faisal Firdous	12-CSE-2016
12.	Mateen Ahmad	13-CSE-2016
13.		14-CSE-2016
14.	Javaid Ahmad Wani	15-CSE-2016
15.	Aarif Ramzan Teeli	19-CSE-2016
16.	Suhail Yusuf	
17.	Rizwan Yousuf	20-CSE-2016
	Fazil Shafi Bhat	21-CSE-2016
18.	Naveed Ul Islma	22-CSE-2016
19.	Aqail Rasool Wani	23-CSE-2016
20.	Kashan Jamsheed Rafiqi	24-CSE-2016
21.		25-CSE-2016
22.	Wasaaf Hussain	26-CSE-2016
23.	Raheel Hassan Sofi	
24.	Shifa Shah	27-CSE-2016
25.	Malik Muzamil	28-CSE-2016
	Tabasum Rahim	29-CSE-2016
26.	Mohd Haseeb Dar	30-CSE-2016
27.	Arjumand Manzoor	31-CSE-2016
28.		36-CSE-2016
29.	Tabasum Rafiq	37-CSE-2016
30.	Irfan Hmaid	- X
31.	Umer Gull	38-CSE-2016

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School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:_____

32.	Mariya Hassan Lone	39-CSE-2016
33.	Mohd Rameez	41-CSE-2016
34.	Mushtaq Ahmed	42-CSE-2016
35.	Shivam Abrol	43-CSE-2016
36.	Nagina Koser	44-CSE-2016
37.	Nayama Bano	45-CSE-2016
38.	Azhar Abass Malik	46-CSE-2016
39.	Haroon Nisar Mir	47-CSE-2016
40.	Shoaib Shabir	01-CSE-2015
41.	Mir Murtaza Ali	02-CSE-2015
42.	Syed Zoofa Rufai	07-CSE-2015
43.	Aabid Farooq	08-CSE-2015
44.	Abid Bashir Dar	09-CSE-2015
45.	Basharat Ellahi	10-CSE-2015
46.	Rifahet Rashid Dar	11-CSE-2015
47.	Zulufkar Majeed	14-CSE-2015
48.	Muddassir Ahmad Shah	16-CSE-2015
49.	Nisar Ahmad	17-CSE-2015
50.	Khalid Javaid Mir	21-CSE-2015
51.	Raja Tawseef Ahmad Mir	22-CSE-2015
52.	Himanshu Sudan	23-CSE-2015

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016 No. BGSBU/DCSE/___/

Date:____

53.	Syed Mohd Vaqar Gillani	32-CSE-2015
54.	Insha Yousuf	37-CSE-2015
55.	Abrar Ahmed Raza	38-CSE-2015
56.	Haroon Rashid Lone	01-CSE-2014
57.	Arselan Ashraf	02-CSE-2014
58.	Moazam Farhan Banday	03-CSE-2014
59.	Seyed Muzaffar	04-CSE-2014
60.	Sidrah Fayaz	05-CSE-2014
61.	Shozy Jan	06-CSE-2014
62.	Ovais Altaf	07-CSE-2014
63.	Saboor Ahmad Koul	09-CSE-2014
64.	Prince Zahid	10-CSE-2014
65.	Zahid Iqbal	11-CSE-2014
66.	Zubair Fayaz	12-CSE-2014
67.	Saleem Rashid Aga	15-CSE-2014
68.	Umaira Ahad	16-CSE-2014
69.	Anayat Ullah Iqbal	20-CSE-2014
70.	Najam Us Saqib	21-CSE-2014
71.	Asif Rehman	22-CSE-2014
72.	Saaid Zargar	23-CSE-2014
73.	Akther Rashid Mir	29-CSE-2014



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No.	BGSBU/DCSE//	
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Date:	
Date.	

74.	Rahila Ayoub	30-CSE-2014
75.	Aqleem Makhdoomi	31-CSE-2014
	Haris Shafi Malik	33-CSE-2014
76.	Z 1 1 A 1 Chang	34-CSE-2014
77.	Zahid Aslam Shora	47 11 11 11 11 11 11 11 11 11 11 11 11 11
78.	Syed Aijaz Mumtaz	39-CSE-2014
79.	Sohail Aziz	40-CSE-2014
80.	Saqiba Farooq	41-CSE-2014
81.	Rukhsar Begum	42-CSE-2014
82.	Sahil Abass Mir	43-CSE-2014
83.	Sofia Andleeb	44-CSE-2014
	Umar Farooq	45-CSE-2014
84.	Wajid Amin	46-CSE-2014
85.		47-CSE-2014
86.	Mavash Malik	
87.	Tahir Aziz	48-CSE-2014
88.	Vishal Sharma	49-CSE-2014
89.	Junaid Ul Islam	51-CSE-2014
90.	Aafreen Rashid	52-CSE-2014

HoD Head SOE

School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/19/267

Date: 05-66-18

Personal Counselling Report

(2017-18)

The department of Computer Science and Engineering has successfully provided the Personal Counselling during the year, 2017-18, on different aspects of day-to-day life, in which 90 students of CSE participated. The various sessions were conducted by Mr. Khalil Ahmed, Mr. Amit Dogra, Mr. Taseem Nazir, Mrs. Jasleen Kour, Mr. Prabal Verma, Mr. Sparsh Sharma, Mrs. Rukhsana Thakur, internal faculties of the department. The purpose of the counselling is to aware the students related to important aspects like, drug addiction, social responsibilities, women empowerment, child labour, health and hygiene, secularism, and future career. The faculties encourage environmental changes in student's community that promote recovery such as reducing the number of alcoholic beverages and holding alcohol-free recreational events. Moreover, faculties also emphasis on social responsibilities of students in building nation. Social and cultural factors play an important role in initiation, maintenance and therapeutic intervention of drug-abuse. In addition to that, student career guidance with the help of professionals can help them to target right career path. The students really appreciated the guidance provided by the different faculties of the department in improving their way of thinking and vision related to their future.

HoD Alaman SOEL



School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

Ph. No/Fax No: - 01962-241016

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Date:_



Personal Counselling during 2017-18

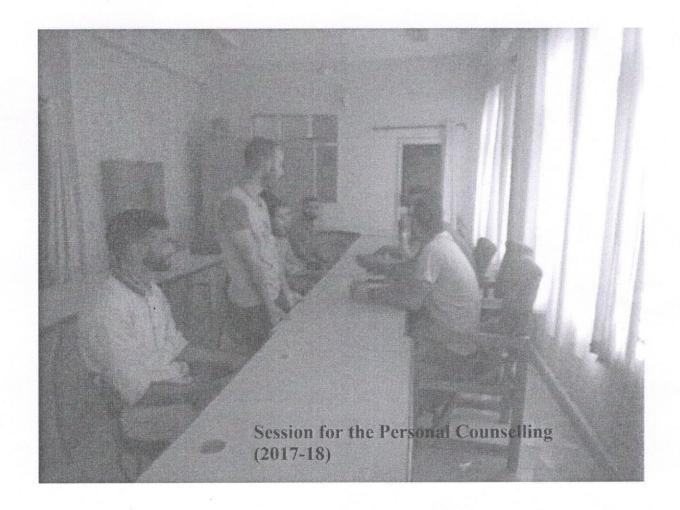


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

RAJOURI (J & K) - 18523 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:____



Department of Computer Science & Engineering School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234 Ph. No/Fax No: - 01962-241016

No. BGSBU/DCSE/___/

Date:____



Session of Personal Counselling in CSE Department (2017-18)

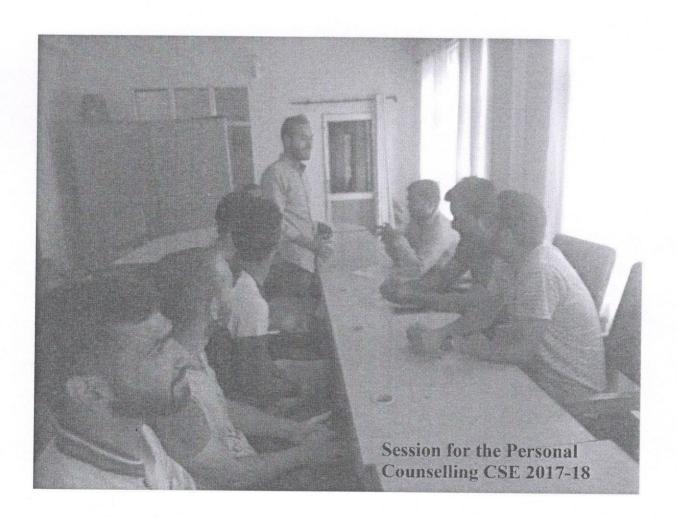


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

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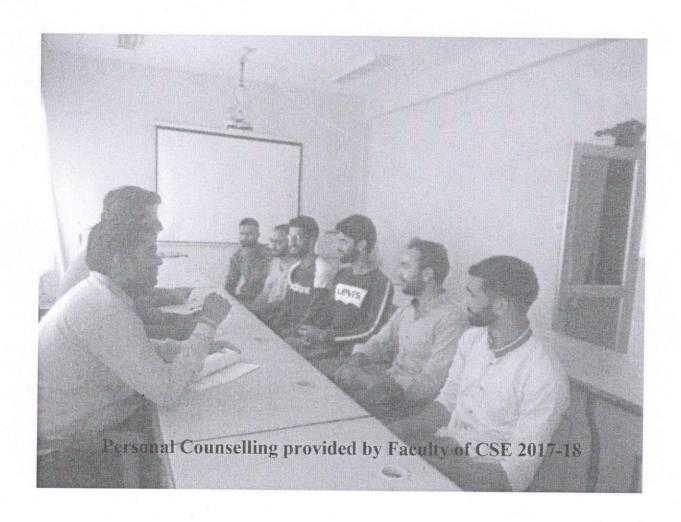


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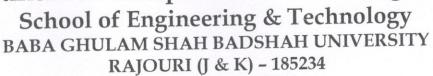
School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY RAJOURI (J & K) - 185234

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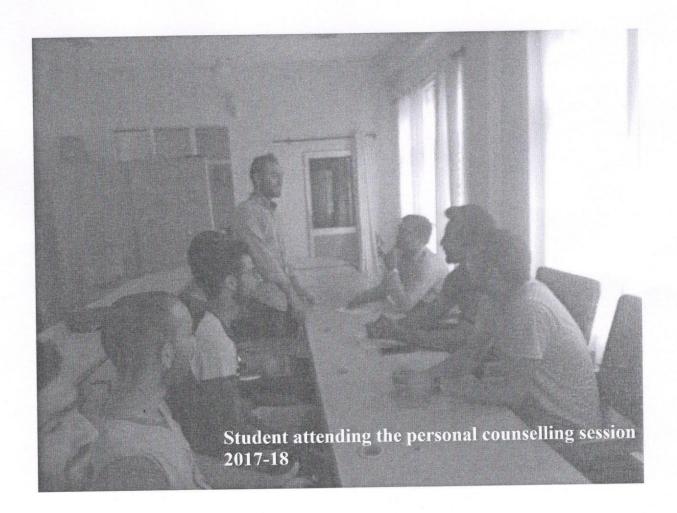




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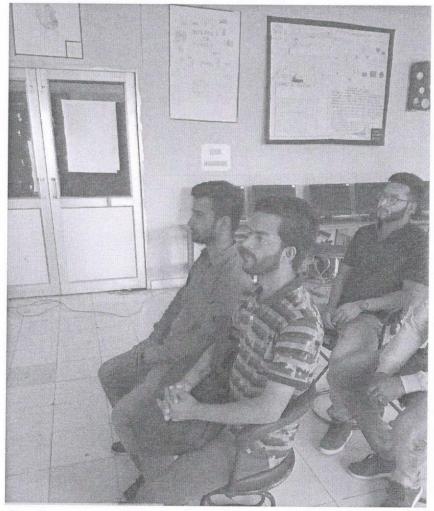


School of Engineering & Technology BABA GHULAM SHAH BADSHAH UNIVERSITY

RAJOURI (J & K) - 185234

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Student attending session of personal councelling in CSE (2016-17)



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Department of Information Technology and Engineering

School of Engineering and Technology

BGSB University Rajouri (J&K)-185234

Ref. No: BGSBU/SOET/ITE/18/1953-B

Date 51-05-18

Notice

It is for the information of all B.Tech students of department of Information Technology Engineering that a Personal counselling sessions will be conducted for the students of the department. The Sessions will be held on 10/June/2018 at the department ITE lab1. The students who seeks to have a personal counselling session may come between 12:00 - 4:30 pm.

Mr. Rakesh Singh Simbyal will coordinate the sessions and all faculty of the department will be available to the students for the personal sessions.

Department of ITE, BGSBU

> H.O.B ITE, SOET BGSB University, Rajouri (J&K)

Copy to

- 1. Dean Engineering
- 2. All faculty of ITE
- 3. Office file



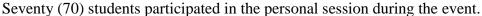
School of Engineering and Technology BGSB University Rajouri (J&K)-185234

EVENT REPORT: Personal Counselling Sessions on 10/June/2018

Personal counselling helps individuals to better understand the specific concern they are experiencing, identify their strengths and to determine the directions they need to take in order to address the concern. With this goal department of Information Technology and Engineering held a personal counselling session for all students of the department.

The Sessions coordinated by on 10/June/2018 on Mr. Rakesh Singh Sambyal. The event started 12:00 noon with talk on how to deal with personal issues in day to day life by Mr. Malik Mubasher Hassan. After that student consulted various faculties of the department for personal sessions.

The common issues discussed by students were Anger, depression/depressed mood, anxiety, self-esteem and/or identity, stress, transition, past emotional problems, balancing professional and personal priorities and homesickness, family issues, attention and concentration difficulties, disordered eating habits, physical health issues, acute concern on behalf of another student







School of Engineering and Technology BGSB University Rajouri (J&K)-185234

Attendance Record: **Personal Counselling Sessions on** 10/June/2018

s. NO	NAME	ROLL NO.	SIGNATURE)
1	INAMULLAH JAVAID HANDOO	1-ITE-16	Thompton
2	NAYEEM HUSSAIN RATHER	2-ITE-16	Careem
3	KAFIL AHMED	3-ITE-16	-100
4	MOHSIN HUSSAIN	4-ITE-16	Moning
5	INSHA REYAZ	5-ITE-16	Torsh ac
6	DEEBA ALTAF	6-ITE-16	Deepa.
7	TAWSEEF-UL-HAZIQ	7-ITE-16	Tow Seith
8	ADIL HUSSAIN RATHER	8-ITE-16	Actus,
9	MOHD TAHIR IRFAN	9-ITE-16	-Paherichan
10	MIR AADIL HUSSAIN	10-ITE-16	
11	SANOBER JAN	11-ITE-16	Snobel
12	SURIYA MUSHTAQ	12-ITE-16	Biorisa
13	RUFIADAH SHAFI	13-ITE-16	deces
14	JUNAID AHMAD KHAN	14-ITE-16	Traile.
15	TOUSEEF AHMAD LONE	15-ITE-16	Proses
16	JAHANGIR AHMAD	17-ITE-16	1-13-21
17	MOYIEN AKHTER BUTT	18-ITE-16	THEW
18	SHAFAAT SHAFI	19-ITE-16	Thorax.
19	MOHAMMAD SHAHRIYAAR NAJAR	20-ITE-16	titale
.20	MEHAK AYOOB DAR	21-ITE-16	
21	SAAQIB ASHRAF SHAH	22-ITE-16	Saafile
22	AQSA SAYEED	23-ITE-16	49sa
23	MUBASHIR ALI	24-ITE-16	Mubastrus'
24	MUSHTAQ AHMAD MIR	25-ITE-16	186-1
25 26	UFAQ ANJUM	26-ITE-16	Mark and
27	UMER FAROOQ CHAT SAJAD AHMED	27-ITE-16	Caried Care
28	FAIZAN MUNTAZIR	28-ITE-16 29-ITE-16	Miser
29	BASHARAT SHAFI BHAT	30-ITE-16	dominate
20	IDAGITATIATI STIATI	30-11E-10	



School of Engineering and Technology BGSB University Rajouri (J&K)-185234

				-
Dep	partment of Information	Technolo	gy and Engineering	
	BGSB Univer	sity Rajouri	(J&K)	
S. NO	NAME	ROLL NO.	SIGNATURE	
1	AFRINA SALAAM	01-ITE-14	Akina	
2	NAJAM UD DIN SAQIB	02-ITE-14	1 Carollan	
3	ASIF IRSHAD NAIK	03-ITE-14	a.o.n 16 Salula	
4	MOHAMMAD REZWAN MUGHAL	04-ITE-14	Moral Rossin My	
5	MOHSIN KHAN	05-ITE-14	MOREN MOYEN MA	
6	MALIK SHOEIB	06-ITE-14	rshed	
7	FARAZ NISAR SHAH	07-ITE-14	faraz 1,	
8	SAMIR AHMAD MALIK	08-ITE-14	: Sample	
9	SARMAD NAZKI	09-ITE-14	1 may	
10	MONISA SHAKEIL	10-ITE-14	Left	
11	MUNEEB BASHIR	11-ITE-14	Himan	
12	UBAID RAFIQ YETOO	12-ITE-14	Waid	
13	SYEED TABISH JEELANI	13-ITE-14	Left	
14	TABASUM JAN	14-ITE-14	· Tabary	
15	GAZALA MUSHTAQ	15-ITE-14	i linzala	
16	SYED TAWSEEF AHMAD	16-ITE-14	Sycolousey	
17	KHALIL AHMED	17-ITE-14	Left	
18	SHABEER AHMAD WANI	18-ITE-14	OSOFT O	
19	INAM BASHIR	19-ITE-14	ha anh	
20	MOHAMMAD EISA FAZILI	20-ITE-14	Absect	
21	ZEESHAN MANZOOR WANI	21-ITE-14	Just of	
22	TASEER GULZAR	22-ITE-14	_ Left	
23	MURTAZA RASHID WANI	23-ITE-14	· Avoget -	
24	ZARSHAN BASHIR THOKER	24-ITE-14	Zarthan Robbit	
25 26	AJAZ AHMED KHAN	25-ITE-14	Left	
27	FARAZ IMTIYAZ BISATI OWAIS AHMED KHAN	26-ITE-14	- Abet -	
28	MUDASIR HAMID		delato	
29	JEHANGIR FAROOQ	28-ITE-14	8 Absect	
30	RUXANA JABEEN	29-ITE-14	inflorigiv	
31	SOLIHEEN FAROOQ KHAN	30-ITE-14	: (B)	
32	SHEIKH ZAHID RAFIQ	31-ITE-14	Cymo XIII	
33	ROZY MANZOOR	32-ITE-14	- young	
34	MALIK IJTIBA	33-ITE-14		
35	MOHD YOUSUF SHEIKH	34-ITE-14		
36	FAYAZ UR REHMAN	35-ITE-14 36-ITE-14	Left	

Department of Civil Engineering, SOET Baba Ghulam Shah Badshah University, Rajouri (J & K)

Ref. No:BGSBU/CoET/CE/17/ 408

Date: 26-10-2017

Personal Counseling Report: 2017-18 Academic Year

Teachers have multiple roles to perform nowadays. To fulfil their roles professionally, teachers need to be competent in their responsibilities towards their students inside and outside the classroom. One important teacher role inside and outside the classroom is to provide guidance and counselling to students. Personal counseling provides an opportunity to explore your concerns in a supportive and non-judgmental environment.

Apart from subject teaching, teachers are entrusted with many responsibilities nowadays. Guidance and counseling are some of their major duties. In the guidance and counseling literature, these two words generally take on different meanings. The former refers to helping students' whole-person development, while the latter is frequently targeted at helping students with problems.

The goal of counseling is to enable the individual to make critical decisions regarding alternative courses of action without outside influence. Counseling helps individuals obtain information, and to clarify emotional concerns that may interfere with or be related to the decisions involved.

In general, the goal of psychotherapy is to talk through mental health concerns and help clients heal, grow and move toward more productive, psychologically healthy lives. Skills of warmth, friendliness, openness and empathy are ingredients of successful counseling process. Counselor has to listen attentively, answer question objectively and reinforce important information. Maintaining dignity of individual as individual is primary concern in counseling.

Some photograph of the personal counselling is shown in fig no. 1 &2

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Fig No1. Date 22nd August 2017, Photograph of Counselling at SOET, BGSBU.

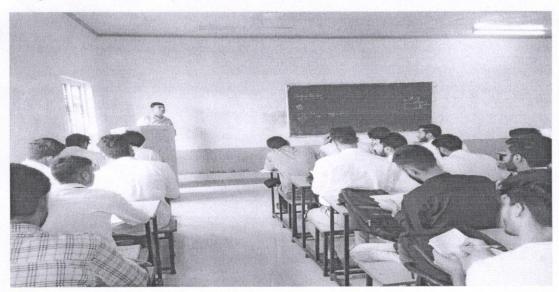


Fig No2. Date 25th October 2017, during interaction time with students.

The Civil Engineering department of School of Engineering & Technology, BGSB University is always aware of the students' issues. Caring of students problems, making mentally strong for future endeavours are equally emphasized with the academics. Students undergoes a three week Induction Program at the beginning of their course, so that they can easily adjust with the BGSBU community and its environment. A faculty and a senior student is engaged as mentor for every 20 students at their first year though an overall counselor is engaged for a batch. Mr. **Mr. Vaseem Ahmad Shehnaz** has taken the charge of counselor for the academic year 2017-18. The 80 students have been identified for special attention in this year. We provide personal counseling for individuals or couples to help with problems such as:

- Motivation
- Homesickness
- Depression & Sadness.

M

- Eating Disorder Treatment
- Loneliness and isolation
- Addictive behaviors
- Sexuality and sexual identity

The overall aim is to provide an opportunity to work towards living more satisfyingly and resourcefully. Counseling is the skilled and principled use of relationship to facilitate self- knowledge, emotional acceptance and growth and the optimal development of personal resources.

Head

Head

Grant Of civil Engineering

Hosp Chiversity, Rajouri

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Attached List of students who have taken counseling session 2017-2018

Attacr S.no	ned List of students who have taken Name	Roll No	Type of Counseling
1.	TASSADUQ MUSHTAQ		Personal Counseling
	S/O MUSHTAQ AHMED GANIE	01-CE-2016	
2.	SHAHZADA JUNAID S/O AHMAD ULLAH	02-CE-2016	Personal Counseling
3.	SUHAIL AHMAD BABA S/O MUHAMMAD MANSOOR BABA	03-CE-2016	Personal Counseling
4.	WASEEM FAYAZ RATHER S/O FAYAZ AHMAD RATHER	04-CE-2016	Personal Counseling
5.	MOHD NASIR S/O MOHD SHAKEER	05-CE-2016	Personal Counseling
6.	NAVEED UL ISLAM S/O NOOR UD DIN BHAT	06-CE-2016	Personal Counseling
7.	BARIK HASSAN MIR S/O GHULAM HASSAN MIR	07-CE-2016	Personal Counseling
8.	SAHIL THAKUR S/O BHARAT SINGH	08-CE-2016	Personal Counseling
9.	MOHD UMAR S/O MOHAMMED AKHTER	09-CE-2016	Personal Counseling
10.	MISBAH FAYAZ D/O PEER FAYAZ AHMAD	10-CE-2016	Personal Counseling
11.	SHOIB MUSHTAQ S/O MUSHTAQ AHMAD MIR	11-CE-2016	Personal Counseling
12.	AQIB MAJIED S/O AB MAJIED BHAT	12-CE-2016	Personal Counseling
13.	AMIM ALTAF NABI S/O ANIS ALTAF NABI	13-CE-2016	Personal Counseling
14.	RASSIYA MASSARAT D/O MASSARAT AHMAD SHAH	14-CE-2016	Personal Counseling
15.	MAHESHWAR SALGOTRA S/O MADAN LAL	15-CE-2016	Personal Counseling
16.	SHAKIR UL ISLAM S/O IMTIYAZ AHMAD GANIE	16-CE-2016	Personal Counseling
17.	UMAR MANZOOR DAR S/O MANZOOR AHMAD DAR	17-CE-2016	Personal Counseling
18.	YASIR ERFATH SHAH S/O KHALIQ HUSSAIN	18-CE-2016	Personal Counseling

	SHAH		
19.	INSHA KOUSER	19-CE-2016	Personal Counseling
	D/O MOHD YOUNIS	19-CE-2016	
20.	MUBASHER HUSSAIN		Personal Counseling
	S/O SHAMSHIR	20-CE-2016	
	HUSSAIN		
21.	MIR FAISAL	04 65 0046	Personal Counseling
	S/O MIR NASEER AHMAD	21-CE-2016	
22.	RAJA UMAR REHMAN	00.00.004.6	Personal Counseling
	S/O ABDUL REHMAN	22-CE-2016	
23.	SHAHNAWAZ SKINDER		Personal Counseling
	PADDAR		
	S/O MOHAMMAD	23-CE-2016	
	SKINDER		
	PADDER		
24.	SHADAB GHANI	04.07.001.1	Personal Counseling
	S/O ABDDUL GHANI	24-CE-2016	
25.	RAYEES AHMAD PAUL		Personal Counseling
	S/O MOHAMMAD	25 65 2246	
	SHAFI	25-CE-2016	Total
	PAUL		
26.	MOHD IRFAN	26 00 2046	Personal Counseling
	S/O	26-CE-2016	in the second second
27.	SAMREEN KOSER	27 CE 2016	Academic Counseling
	S/O	27-CE-2016	
28.	TAHIR MEHMOOD	20 CE 2016	Academic Counseling
	S/O	28-CE-2016	
29.	VEDIKA GUPTA	29-CE-2016	Academic Counseling
	S/O	29-CE-2016	7
30.	WAJID ALI	20 CE 2016	Personal Counseling
	S/O	30-CE-2016	
31.	CHOUDHARY MOHD		Personal Counseling
	ZAFAR	31-CE-2016	
	S/O		
32.	MAIRA RASHID RATHER	32-CE-2016	Personal Counseling
1 4	S/O	34-CE-2010	
33.	RAJAT SUDAN	33-CE-2016	Personal Counseling
	S/O	33-CE-2010	
34.	YAWAR MUSHTAQ KHAN	34-CE-2016	Personal Counseling
35.	HANAN AHMAD RAINA	35-CE-2016	Academic Counseling
36.	MAJAD MAJEEB	36-CE-2016	Academic Counseling
37.	UMAID BIN SHOWKAT	37-CE-2016	Academic Counseling
38.	HAROON RASHID	20 CE 2017	Academic Counseling
	TANTRAY	38-CE-2016	
39.	SAIK ASHRAF	39-CE-2016	Academic Counseling
40.	SALMAN MUSHTAQ KHAN	40-CE-2016	Academic Counseling

41.	MOHD ADNAN SAMI	41-CE-2016	Personal Counseling
42.	WAQAR AHMAD KHAN	42-CE-2016	Personal Counseling
43.	WAQAR AHMAD MALIK	43-CE-2016	Personal Counseling
44.	MOHA AHZAR KHAN	44-CE-2016	Personal Counseling
45.	ABHISHEK SHARMA	45-CE-2016	Personal Counseling
46.	MUHAIB MEHRAJ MIR	46-CE-2016	Personal Counseling
47.	SARFRAZ AHMED	47-CE-2016	Academic Counseling
48.	IMRAN MUNIR	48-CE-2016	Academic Counseling
49.	MUBASHIR KHAN	49-CE-2016	Academic Counseling
50.	AJAZ SHABIR	50-CE-2016	Academic Counseling
51.	WASIM SAJJAD	51-CE-2016	Academic Counseling
52.	AQIF SOHAIL TAK	52-CE-2016	Academic Counseling
53.	MOHD ADIL SHIEKH	53-CE-2016	Academic Counseling
54.	AQIB MUSHTAQ	54-CE-2016	Academic Counseling
55.	SUMAIRA ISHAQ MALIK	55-CE-2016	Academic Counseling
56.	SAHIL KESAR	56-CE-2016	Personal Counseling
57.	HILAL MUSHTAQ AHANGER	51-CE-2016	Personal Counseling
58.	ADNAN SOHARWARDI	58-CE-2016	Academic Counseling
59.	SHAHID AHMED	59-CE-2016	Academic Counseling
50.	AINAM ZAHOOR WANI	60-CE-2016	Academic Counseling
51.	MAJID KHAN	61-CE-2016	Academic Counseling
52.	MOHD ASIF	62-CE-2016	Academic Counseling
53.	MALIK ZEESHAN NAZIR	63-CE-2016	Academic Counseling
54.	AQIB RAFIQ	64-CE-2016	Academic Counseling
55.	SHOAIB JARAL	65-CE-2016	Academic Counseling
56.	SOURAV SHARMA	66-CE-2016	Academic Counseling
57.	MOHD ASIF	67-CE-2016	Academic Counseling
58.	SHEIKH AKIEF SADDEEQ	68-CE-2016	Academic Counseling
59.	Mohd Burhan	65-CE-2015	Personal Counseling
70.	MUSAIB AYOUB	69-CE/L-17	Personal Counseling
71.	ASMA MAQBOOL	71-CE/L-17	Personal Counseling
72.	RUMANI GUPTA	1-CE-2017	Personal Counseling
73.	MUKEEB UL RASHID	2-CE-2017	Personal Counseling
74.	JUNAID FIRDOSE WANI	4-CE-2017	Personal Counseling
75.	MUJTABA FIRDOUS WANI	5-CE-2017	Personal Counseling
76.	HABILA MUSHTAQ	6-CE-2017	Personal Counseling





DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

Ref:BGSBU/SoET/ERE/17/405

Datel: - 22/11/2017

The Dean SoET, BGSB University, Rajouri,

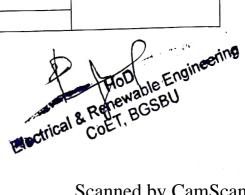
Sub: - Report of personnel Counseling

Respected Sir,

During odd semester (session 2017-18) Faculty members of ERE department have analyzed the response of students in classrooms while delivering lectures and results of internal assessments tests being conducted during the current semester courses and also have identified the students who require special attention for enhancing their personality, tackling personal issues and improving academic performances. After completion of identification process different faculty members were allotted to different group of students who would provide personal counselling to these students.

List of students along with allotted faculty member against Personal Counseling:

List of student	s along with allotted	faculty member against Personal Counseling:		
S.No.	Roll No.	Name	Faculty Mentor	
1	03-ERE-14	Aaqib Amin		
2	04-ERE-14	Faheem ul Haq		
3	05-ERE-14	Muzaffar Ahmed Shah		
4	06-ERE-14	Saima Yaqub		
5	09-ERE-14	Mir Arjumand	Mr. Tasaduq Hussain	
6	10-ERE-14	S ayaz Ahmed	,	
7	11-ERE-14	Muzammil Mushtaq		
8	12-ERE-14	Zeeshan Hameed		
9	15-ERE-14	Wasim Ashraf		
10	16-ERE-14	Akhter UL Islam		
11	26-ERE-14	Irfan Chowdhary		
12	27-ERE-14	hassan Sayed		
13	28-ERE-14	Mohd Mujtaba Khan		
14	29-ERE-14	Asad Chowdhary		
15	31-ERE-14	Mudassir Bashir	Mr.Shafqat Nabi	
16	32-ERE-14	Rahul Kumar Bhagat	Mughal	
17	33-ERE-14	Fayaza Fayaz		
18	34-ERE-14	Junaid Farooq		
19	37-ERE-14	Sameera Aijaz		
20	38-ERE-14	Faiza Tabassum		
20	OO			





DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

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21	40-ERE-14	Sayed Umer Jan	
22	42-ERE-14	Danish Shabir	
23	43-ERE-14	Mohd Asif	
24	44-ERE-14	Sheikh Hilal Nazir	
25	46-ERE-14	Amir Suhail	
26	47-ERE-14	Ishrat Nabi	Mr.Neetan sharma
27	48-ERE-14	Tanveer Ahmed	
28	49-ERE-14	Mohammad Fadeel	
29	50-ERE-/L-15	Junaid Nazir	
30	51-ERE/L-15	Faisal Malik	
31	03-ERE-15	Mohammad Nayeem	
32	04-ERE-15	Basharat Gulshan Lone	
33	05-ERE-15	ishfaq Bashir Khan	
34	06-ERE-15	Mir Abdul Manan	Mr.Malik Younis
35	07-ERE-15	Arif Ahmad Parry	
36	13-ERE-15	Afnan Qayoom	
37	15-ERE-15	Younes Farooq	
38	20-ERE-15	Adnan Hamid	
39	26-ERE-15	Yasir Ali	
40	27-ERE-15	Malik Yasir Shamim	
41	28-ERE-15	Mohammad Usman Wani	
42	29-ERE-15	Naseem Ahmed	
43	31-ERE-15	Saqib Ashraf Chopan	Mr.Sartaj singh
44	33-ERE-15	Asif Iqbal	
45	35-ERE-15	Tabasam Hafiz	
46	37-ERE-15	Shazad Ayoub	
47	40-ERE-15	Abdul Haleem	
48	46-ERE-15	Yasar Arfat	
49	47-ERE-15	Syed Ajmal Khalil	
50	48-ERE-15	Syed Muhafiz Andrabi	
51	49-ERE-15	Majid Hassan Bhat	Mr.Sartaj singh
52	50-ERE-15	Fayieez Mushtaq Shah	
53	51-ERE-15	Sehrish Manzoor Shah	
54	52-ERE-15	Ibrar Kabir Khan	
55	53-ERE-15	Shuaib Akhtar Turrey	
56	5-ERE-2016	owais	Mr.Ahmed Riyaz



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57	9-ERE-2016	SHEIKH IRTIQA	
58	20-ERE-2016	CHOWDHARY YASSER ARFAT	
59	22-ERE-2016	MOHD NAZIR SHEIKH	
60	24-ERE-2016	SADAM PARVEZ	
61	34-ERE-2016	SHARIQ CHAUHAN	
62	36-ERE-2016	RUKHSANA KOUSER	
63	38-ERE-2016	SAQLAIN MUSHTAQ	
64	39-ERE-2016	MOHAMMAD JAFFAR LONE	Mr.Farhad Ilahi Bakhsh
65	41-ERE-2016	MOHD WASIT	
66	43-ERE-2016	SHAHRAZ KIRMANI	
67	45-ERE-2016	AZHAR NOMANI	
68	58-ERE-2016	ANEES KHAN	
69	59-ERE-2016	Imtiaz Ahmed	
70	60-ERE-2016	IFTIKHAR HUSSAIN	
71	62-ERE-2016	Rasik Amin Bhat	Mr.Vinod Puri
72	64-ERE-2016	KASHIF GULZAR	
73	65-ERE-2016	Mohsin Hassan	
74	65-ERE-2016	Mohsin Hassan	
75	66-ERE-2016	Abrar Abas Mir	

Sessions were organized by faculty members for these students where they provided extra notes to the weak students. In these sessions faculty members provided personnel counseling and gave motivational lectures students. A change in self-confidence and attitude of the students attending those sessions was observed in the subsequent lectures. A significant improvement in curricular and extracurricular activity of the students was a direct result of these sessions.

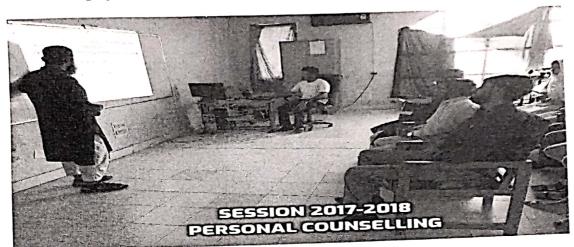
Electrical & Renewable Engineering



DEPARTMENT OF ELECTRICAL & RENEWABLE ENERGY ENGINEERING School of Engineering & Technology, BGSB University Rajouri (J&K) – 185234

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Photograph:





Thank Real BGSBU



SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

Baba Ghulam Shah Badshah University, Rajouri-J&K

Ref. No. : PGMs/292

Dated: 26/09/17

Notice

Personal Counseling Session (2017-2018)

A personal counseling session shall be organized in The School of Management Studies, BGSB University Rajouri on 04 October 2017. Any student who has any issues including Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session.

DEAR

School of Management Studies
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SCHOOL OF MANAGEMENT STUDIES AND ECONOMICS

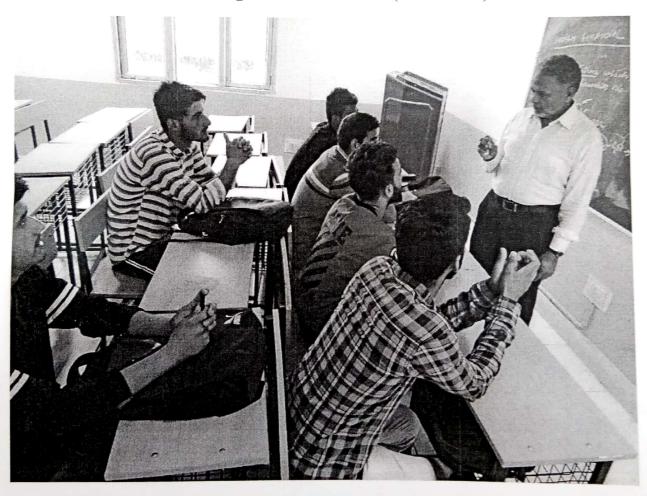
Baba Ghulam Shah Badshah University, Rajouri-J&K

REPORT OF PERSONAL COUNSELING (2017-2018)

Ref. No: PGSMS/303 Dated: 07/10/2017

A personal counseling was organized in The School of Management Studies, BGSB University Rajouri on 04 October 2017. The several issues that were proposed to be addressed were Adjustment in the Department, difficulty in understanding Course Curriculum, high/moderate level of Stress/Anger/Anxiety, Behavioral / Mood Changes (Depression) concerns, Gender Identity, Relationship/Societal Conflicts, Ragging, Spirituality, Sociality concerns etc. can attend the session. A considerable number of students attended the session and later some individual discussions with students pertaining to their issues were also deliberated.

Counseling Session 2017-2018 (04-10-2017)



School of Management Studies
BOSB University Rajouri

The list of students who attended the session is given below:

S.NO.	ROLL NUMBER	NAME	TYPE OF COUNSELING OFFERED
1	Neelofor Parvaiz	02-MBA-17	Behavioral / Mood Changes (Depression)
2	Zahid Nazir	03-MBA-17	high/moderate level of Stress/Anger/Anxiety
3	Zahid Aziz Wani	04-MBA-17	high/moderate level of Stress/Anger/Anxiety
4	Shazad Anwar Mir	05-MBA-17	Behavioral / Mood Changes (Depression)
5	Nusrat Nazir	06-MBA-17	Understanding Course Curriculum
6	Munazah Farooq Parray	07-MBA-17	Understanding Course Curriculum
7	Auqib Bashir	08-MBA-17	Relationship/Societal Conflicts
8	Arif Yaqoob	09-MBA-17	Behavioral / Mood Changes (Depression)
9	Ishtiyak Ahmed	10-MBA-17	Adjustment in the Department
10	Adam Yaqub	14-MBA-17	Adjustment in the Department
11	Irfan-ul-haq	15-MBA-17	Adjustment in the Department
12	Aadil Mehraj	16-MBA-17	Adjustment in the Department
13	Aaqib Maqbool	17-MBA-17	Adjustment in the Department
14	Tasaduq Gul	21-MBA-17	Understanding Course Curriculum
15	Aaqib Fayaz	22-MBA-17	Relationship/Societal Conflicts
16	Junaid Majeed	23-MBA-17	Understanding Course Curriculum
17	Faisal Ahmed Sheikh	24-MBA-17	high/moderate level of Stress/Anger/Anxiety
18	Bilal Ahmad Rather	25-MBA-17	Understanding Course Curriculum
19	Aasim Hameed Bhat	27-MBA-17	high/moderate level of Stress/Anger/Anxiety
20	Basit Ahmad Bhat	28-MBA-17	Relationship/Societal Conflicts
21	Qamar Ul Nisa	06-BBA-17	Understanding Course Curriculum
22	Dawood Ahmed	17-BBA-17	Understanding Course Curriculum
23	Gulzar Ahmed Raina	20-BBA-17	high/moderate level of Stress/Anger/Anxiety
24	Tawseef Ahmed	21-BBA-17	Understanding Course Curriculum

DEAN

School of Management Studies

BGSB University Rajouri